Agency for Health Care Administration

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	AL11966071	A. BUILDING: _____ B. WING _____	02/07/2022

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
INN AT ASTON GARDENS (THE)	9423 ASTON GARDENS COURT PARKLAND, FL 33076

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
A 000	Initial Comments An unannounced Complaint (#2022000889 and #2021011007) survey was conducted on , and at The Inn at Aston Gardens. The facility had a deficiency identified related to Complaint #2022000889 at the time of the survey.	A 000		
A 093	59A-36.012(2) FAC Food Service - Dietary Standards (2) DIETARY STANDARDS. (a) The meals provided by the assisted living facility must be planned based on the current USDA Dietary Guidelines for Americans, 2010, which are incorporated by reference and available for review at: http://www.flrules.org/Gateway/reference.asp?No=Ref-04003, and the current summary of Dietary Reference Intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academies, 2010, which are incorporated by reference and available for review at: http://iom.edu/Activities/Nutrition/SummaryDRIs/~/media/Files/Activity%20Files/Nutrition/DRIs/New%20Material/5DRI%20Values%20SummaryTables%2014.pdf. Therapeutic diets must meet these nutritional standards to the extent possible. (b) The residents' nutritional needs must be met by offering a variety of meals adapted to the food habits, preferences, and physical abilities of the residents, and must be prepared through the use of standardized recipes. For facilities with a licensed capacity of 16 or fewer residents, standardized recipes are not required. Unless a resident chooses to eat less, the facility must serve the standard minimum portions of food according to the Dietary Reference Intakes. (c) All regular and therapeutic menus to be used	A 093		

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A 093	Continued From page 1 by the facility must be reviewed annually by a licensed or registered dietitian, a licensed nutritionist, or a registered dietetic technician supervised by a licensed or registered dietitian, or a licensed nutritionist to ensure the meals meet the nutritional standards established in this rule. The annual review must be documented in the facility files and include the original signature of the reviewer, registration or license number, and date reviewed. Portion sizes must be indicated on the menus or on a separate sheet. 1. Daily food servings may be divided among three or more meals per day, including snacks, as necessary to accommodate resident needs and preferences. 2. Menu items may be substituted with items of comparable nutritional value based on the seasonal availability of fresh produce or the preferences of the residents. (d) Menus must be dated and planned at least 1 week in advance for both regular and therapeutic diets. Residents must be encouraged to participate in menu planning. Planned menus must be conspicuously posted or easily available to residents. Regular and therapeutic menus as served, with substitutions noted before or when the meal is served, must be kept on file in the facility for 6 months. (e) Therapeutic diets must be prepared and served as ordered by the health care provider. 1. Facilities that offer residents a variety of food choices through a select menu, buffet style dining, or family style dining are not required to document what is eaten unless a health care provider's order indicates that such monitoring is necessary. However, the food items that enable residents to comply with the therapeutic diet must be identified on the menus developed for use in the facility.	A 093		

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A 093	Continued From page 2 2. The facility must document a resident's refusal to comply with a therapeutic diet and provide notification to the resident's health care provider of such refusal. (f) For facilities serving three or more meals a day, no more than 14 hours must elapse between the end of an evening meal containing a protein food and the beginning of a morning meal. Intervals between meals must be evenly distributed throughout the day with not less than 2 hours nor more than 6 hours between the end of one meal and the beginning of the next. For residents without access to kitchen facilities, snacks must be offered at least once per day. Snacks are not considered to be meals for the purposes of _ the time between meals. (g) Food must be served attractively at safe and palatable temperatures. All residents must be encouraged to eat at tables in the dining areas. A supply of eating ware sufficient for all residents, including adaptive equipment if needed by any resident, must be on . (h) A 3-day supply of nonperishable food, based on the number of weekly meals the facility has . . . . . with residents to serve, must be on at all times. The quantity must be based on the resident census and not on licensed capacity. The supply must consist of foods that can be stored safely without refrigeration. Water sufficient for drinking and food preparation must also be stored, or the facility must have a plan for obtaining water in an emergency, with the plan coordinated with and reviewed by the local disaster preparedness authority. This Statute or Rule is not met as evidenced by: Based on observation, interview and record review the facility failed to ensure therapeutic diets were followed for 2 of 3 sampled residents currently residing in the facility reviewed for	A 093		

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A 093	Continued From page 3 Mechanical Soft diets, Resident #2 and Resident #3, as evidenced by the facility failing to ensure the content, size and consistency of the mechanical soft diet conformed to the posted menus and dietary standards of practice; and failed to ensure resident's Private Duty Aides (PDA) were aware of their respective residents dietary restrictions. These practices potentially had consequences for Resident #1, no longer residing in the facility, who suffered a negative outcome while eating a mechanical soft diet. The findings included: Review of documentation provided by the facility for guidance on a mechanical soft diet states in part, 'What is a Mechanical Soft Diet? This diet is designed for people who may not have enough energy or enough . . . to chew all foods. The foods in this diet are easy to eat and do not need a lot of chewing to swallow safely.' 1) Review of the closed record for Resident #1 revealed she was admitted to the facility on . . . . . with diagnoses to include . . . . . 's and . Further review of the record revealed a physician order dated for a diet change from regular to mechanical soft consistency. Review of a Resident Health Assessment 1823 form dated documented under Special Diet Instructions, Resident #1 remained on a mechanical soft diet. On at 2:10 PM, an interview was conducted with the Wellness Director who stated the resident's diet was changed to mechanical soft due to tremors and inability to cut her food with a knife, however she was able to feed	A 093		

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A 093	Continued From page 4 herself with a fork. Further, Resident #1 had a PDA with her from 7:30 AM to 12:30 PM, 7 days a week, per the Wellness Director, more for companionship than personal care. Review of a Nurse's Note dated at 10:20 AM documented in part, 'At 10:08 AM resident was pronounced expired .... Resident was eating her breakfast with her PDA at her side, PDA encouraged to slow down her intake and for her to drink some juice, the resident then started coughing and became unresponsive. PDA call our nurse (name) who called 911.' It was determined by facility staff during their review, Resident #1 was eating pancakes for breakfast when she choked, was unable to clear her airway and subsequently . Review of the Medical Examiner report date documented in part under Immediate cause of : Line a. Food in , causing asphyxiation. Sequentially list conditions if any leading to the cause listed on Line a. b. c. unspecified . Contributing cause of - patient choked on her food, Heimlich maneuver unsuccessful. Review of Resident #1's record revealed a Physician Order form dated documenting the diet to continue as mechanical soft, however further review of the record did not include any swallowing assessment, or anything documented related to Resident #1's oral intake or ability to chew and swallow with the current mechanical soft consistency. No assessment could be found in the record to determine if a mechanical soft consistency, which was initially	A 093		

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A 093	Continued From page 5 ordered on [redacted], remained appropriate for Resident #1 on [redacted], or the progression of her [redacted] 's [redacted] which could affect the resident's ability to chew and swallow. Review of the facility Dietary Sheet provided on [redacted] revealed 14 of the 87 residents currently residing in the facility are receiving an altered therapeutic diet consistency. Resident #2 and Resident #3 were identified on this list as receiving mechanical soft diets. 2) Review of Resident #2's record revealed an admission date of [redacted] with diagnoses to include [redacted], and [redacted]. On admission Resident #2 was on a regular diet consistency. Review of a Diet Notification for Diet Change note dated [redacted], documents a change from regular consistency diet to a mechanical soft diet consistency. Review of a Service Description note dated [redacted], documents under Comments Regarding Nutrition/Dining Service, Resident #2 requires texture modification- diet as mechanical soft, no concentrated sweets and no added salt diet. Review of a Physician Order sheet dated [redacted] documents Resident #2's diet to remain mechanical soft, no concentrated sweets and no added salt. On [redacted] at 9:50 AM, Resident #2 was observed in her room in bed resting with her PDA present. An interview was conducted with the PDA who stated she is with Resident #2 for 12 hours a day 5 to 6 days a week. She stated the resident eats her meals in the dining room and she took her down this morning. An inquiry was made what Resident #2 had for breakfast this morning to which the PDA stated she believes	A 093		

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A 093	Continued From page 6 she had oatmeal, pancakes and eggs but was not 100% sure as PDAs are not allowed in the dining room, so all she can do is keep an [redacted] and make sure the resident gets her meals. An inquiry was made what diet Resident #2 is on, to which she stated she was not sure because the resident eats in the dining room and PDAs are not allowed to be in there at the same time. She stated she thinks maybe the resident is on a regular diet then stated maybe she is on a mechanical soft diet because the kitchen cuts up her food. She stated the dining room staff are the ones who watch the residents eat. At this time, Resident #2 arose and expressed she wanted to sit in her recliner in the living room area. The PDA assisted Resident #2 to her wheelchair, with the resident able to assist by grabbing onto the arms of the wheelchair and the PDA wheeled her to the recliner which was situated next to a piano against the wall. Observed on top of the piano keyboard was a bag of pretzels within Resident #2's reach. An inquiry was made to the PDA whose pretzels those were, to which she stated they were hers. A request was made to the PDA to observe the contents of the refrigerator in the kitchenette. The PDA opened the refrigerator door and observed in the bottom crisper was a bag of apples. The PDA stated they were hers also. The PDA stated the resident does not normally snack, but she has pudding if she wants something to eat between meals. On [redacted] at 11:45 AM, a kitchen tour observation was conducted with the Wellness Director. Introductions were made with the Culinary Supervisor who was assisting with getting the food cart ready to be delivered to Memory Care Unit. An inquiry was made what was on the menu today and posted on the wall inside the kitchen to the right of the doorway	A 093		

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A 093	Continued From page 7 documented the lunch meal consisted of soup du jour or chicken noodle soup or salad, a turkey sandwich or cottage cheese fruit platter, with sides of California blend vegetables and French fries. Observation was made of the Director of Culinary Services assisting a dietary technician plating the food for the lunch meal. A request was made to the Director of Culinary Services to see what was being plated for lunch. The first plate observed consisted of a turkey sandwich with cheese and lettuce, French fries, green beans and a halved cherry tomato as garnish. Also observed was the fruit platter with honeydew melon, cantaloupe, pineapple and grapes with a small bowl of cottage cheese in the middle on a bed of lettuce. The mechanical soft diet consisted of . . . cut turkey slices cut into strands and hunks with mashed potatoes and gravy. There was no vegetable placed on the plate and no garnish. On at 12:10 PM, an observation was conducted with the Wellness Director in the Memory Care Unit which had a census of 17 residents. An observation was made of a resident seated in a high wheelchair with a glass of thickened water and thickened juice on the table in front of her. The resident made no attempts to reach for the water or juice in front of her, and no staff member offered to assist the resident to drink. At 12:12 PM, an observation was made of a male resident receive his mechanical soft diet of sliced up . . . cut turkey, mashed potatoes and gravy. No soup was offered and there was no vegetable or garnish on the plate. The resident was attempting to cut up the turkey slices with his spoon, and being unsuccessful, he gave up. Review of documentation provided by the facility for the 'Level 6 Soft and Bite Sized for Adults'	A 093		

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A 093	Continued From page 8 guidance states in part, 'Soft, tender and moist, but with no thin liquid leaking/dripping from the food; Ability to 'chew bite sized' pieces so that they are safe to swallow is required; 'Bite sized' pieces no bigger than 1.5 cm (centimeters) x 1.5 cm in size; Food can be mashed/broken down with pressure from a fork; A knife is not required to cut this food.' At 12:16 PM, the male resident started to eat with his fork, but only ate the mashed potatoes and gravy, leaving the turkey untouched. No staff member was observed to encourage or assist the resident to eat or assist with cutting up the turkey into smaller pieces, which he was unsuccessful in doing. A female resident seated 2 tables away was observed to receive her mechanical soft diet at 12:17 PM. She started to eat but was mostly picking at the food. Her mechanical soft diet consisted of sliced up cut turkey, mashed potatoes and gravy. She too was not offered soup and there were no vegetables on her plate. Observation of the other residents who were receiving regular diets, their plates consisted of a turkey sandwich with cheese, lettuce and tomato, green beans and French fries. The aides offered the residents ketchup on the side, squeezing the ketchup packet onto their plates. At 12:24 PM, the resident with the thickened liquids had her lunch meal plate put on the table in front of her. Her meal consisted of half a tuna salad sandwich, green beans and French fries. As with the liquids, she made no attempt to reach for the food. At this time, the female resident with the mechanical soft diet was not eating and staring into space. No staff member came by to encourage or assist her to eat. At 12:29 PM, 5 minutes after the plate was brought to the table, an aide came to assist the resident in the high wheelchair and cut up the tuna salad	A 093		

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A 093	Continued From page 9 sandwich and feed the resident. The resident made no attempt to feed herself. At 12:30 PM, the male with the mechanical soft diet finished his meal and pushed the plate away. He did not eat the turkey and only ate the mashed potatoes and gravy. For 18 minutes not one staff member spoke to either resident who was served a mechanical soft diet to provide assistance or encouragement, however the staff were observed to be interacting and chatting with the residents who were served a regular diet. On . . . . . at 12:40 PM, an observation was made of 5 PDAs seated outside of the main dining room waiting on their residents to finish eating lunch. Resident #2's PDA was observed to be one of the PDAs seated outside the dining room and an inquiry was made if Resident #2 was eating lunch at this time. The PDA stated the resident was still eating and proceeded to point out the resident seated at a far . . . table by the window. From the dining room doorway, it was not possible to see what or if the resident was eating. On at 12:44 PM, Resident #2 was observed in the main dining room seated at the table with a gentleman. The gentleman had already finished his meal, his lunch plate was gone, and he was drinking a coffee. Resident #2 was observed picking at her meal of . . . cut turkey slices sliced into strands and mashed potatoes topped with gravy. There was no vegetable on the plate and the resident did not have any soup. There were 3 dietary staff meandering amongst the dining tables and not one dietary staff was observed going table to table encouraging residents to eat their meals. Resident #2 ate barely half of what was on her plate.	A 093		

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A 093	Continued From page 10 Review of a Speech , Progress Note related to Resident #2 dated , documented, 'Patient seen at lunch meal. Patient consumed 60% of meal with verbal encouragement.' The Speech , documented Resident #2 required verbal encouragement to eat 60% of her meal, however not one dietary staff member in the main dining room provided any encouragement or reminder to eat and Resident #2 barely ate half of what was on her plate, and her PDA was not allowed in the dining room to assist or encourage the resident. On at 1:10 PM, Resident #2 was observed outside in her wheelchair under the front portico with her PDA. An inquiry was made how lunch was to which she stated it was alright. An inquiry was made to the PDA how much did Resident #2 consume of her lunch meal, to which she stated she was not sure because they are not allowed in the dining room and the plate was gone when she went in to get her. On at 2:30 PM, an interview was conducted with the Executive Chef in the presence of the Wellness Director. He was advised the residents who received a mechanical soft diet received sliced up cut turkey with mashed potatoes and gravy for lunch and there were no green beans on their plate and were not offered soup. These observations were confirmed by the Wellness Director who stated the mechanical soft diets did not receive a vegetable with their meal. He was shown photographic evidence of a lunch meal plate the residents on a mechanical soft diet received. He stated he did not plate it up so he does not know, however they should have had chopped up green beans. The Executive Chef could not give an explanation why	A 093		

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A 093	Continued From page 11 the mechanical soft diets did not receive soup and vegetable and were served mashed potato in lieu of French fries the residents on a regular diet received. He concurred by excluding the chicken noodle soup and green bean vegetable from the mechanical soft diets, it was not providing the residents the same nutritional values as residents served a regular diet. 3) Review of Resident #3's record revealed an admission date of [redacted] with diagnoses to include [redacted] 's [redacted], [redacted] and [redacted] (difficulty swallowing). Resident #3 was admitted to hospice services on [redacted]. Further review of the record revealed a Diet Notification for Diet Change note dated [redacted] completed by the Wellness Director, changing the resident's diet from regular to mechanical soft. Review of a Service Description Full Assessment dated [redacted] documents 'Comments regarding nutrition/dining services - Mechanical soft, thickened liquids; under additional comments regarding dining - PDA assist with feeding/unable to feed self due to [redacted] 's and progressive [redacted]. Next review date [redacted].' Further review of the record revealed a Hospice Healthcare Physician [redacted] to [redacted] encounter Progress Note dated [redacted], documenting a past medical history of [redacted] 's [redacted], with behavioral disturbance, had ([redacted]) [redacted]. She has [redacted] (difficulty swallowing) and [redacted] 's. The note documents the resident nutritionally has to be fed. The Progress Note further documented the 'Resident is on a pureed diet with thickened liquids. She is having to take more than an hour to complete about 25% of her meals.'	A 093		

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A 093	Continued From page 12 Review of the facility Dietary Sheet provided by the facility on , documented Resident #3 is listed as being on a mechanical soft diet, not on a pureed diet with thickened liquids. On at 10:00 AM, Resident #3 was observed in her room in bed with her PDA present. The PDA stated she is with the resident 12 hours a day days a week and the resident has PDA coverage 24 hours a day, 7 days a week. The PDA further stated the resident eats her meals in her room and has done so for the past year or so after she had a . An inquiry was made to the PDA what kind of diet the resident was on, to which she stated she really was not sure then stated maybe mechanical soft. An observation was made of a black Styrofoam container on the kitchen table. A request was made to have her show what was in the Styrofoam container. The PDA lifted the lid revealing 2 whole thick sausages, a boiled egg cut in half, 2 pancakes and a raw strawberry cut in half as garnish. Photographic evidence was obtained. An inquiry was made to the PDA if this was consistent with a mechanical soft diet to which she stated she did not think so, but that is what they delivered to the room. On at 1:15 PM, a second observation was conducted of Resident #3's room meal service. Observed on the kitchen table was a black Styrofoam container with the lunch meal that had been delivered by dietary staff. A request was made to the PDA to lift the lid. Observed in the large section of the container were cut up pieces of turkey and cheese sandwich on white bread with the crusts on and cut up green beans in the upper left section of the tray. There were no French fries included in the meal as was documented as being served for lunch on the	A 093		

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	AL11966071	A. BUILDING: _____ B. WING _____	02/07/2022

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INN AT ASTON GARDENS (THE)	9423 ASTON GARDENS COURT PARKLAND, FL 33076

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A 093	Continued From page 13 lunch menu posted in the kitchen. The sandwich pieces looked larger than the 1.5 cm x 1.5 cm standard the facility was to be adhering to. Using a ruler, the size of a couple of the cut up pieces were measured, revealing the turkey and cheese sandwich pieces were over 2 cm long and wide and were in varying sizes. The turkey was observed to be several layers thick in some of the pieces in addition to a slice of yellow cheese cut in chunky strands and squares. Photographic evidence was obtained. The PDA made a comment that the breakfast this morning was the wrong one, the resident got another resident's breakfast, it was a mistake. On at 2:25 PM, an interview was conducted with the Wellness Coordinator in the presence of the Executive Chef and an inquiry made about the to Encounter note by the Hospice Physician dated documenting Resident #3 was on a puree diet and thickened liquids, and Resident #3 is currently listed as receiving a mechanical soft diet. The Wellness Director stated she was not aware the Hospice Physician documented a puree diet, but she is sure that order has changed. The Wellness Director scoured the resident's record however could not find any change in diet orders. An inquiry was made who is responsible for reviewing the notes written when physicians visit the residents, to which she stated she is responsible for following up on what the physicians document in their progress notes, further stating she missed this one, stating had she read this she would have contacted the physician to clarify and get an order. Further during the interview with the Wellness Director, she confirmed the PDAs are not allowed to be in the dining room during meals, stating they try to make the dining experience as independent as	A 093		

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A 093	Continued From page 14 possible as some residents may be embarrassed to have their PDAs present. She stated the dietary staff who monitor the dining room would advise of any issues. The Wellness Director was apprised of the observation of Resident #2 in the dining room at lunch, eating barely half of what was on her plate, and the dietary staff meandering around the dining room did not go up to Resident #2 to offer encouragement to eat. The Wellness Director stated they will work on that and provide teaching moving forward. During a further interview conducted with the Executive Chef in the presence of the Wellness Director on [redacted] at 2:30 PM, he was shown photographic evidence of the 2 large whole sausages and raw strawberry that was observed in the Styrofoam container for Resident #3's breakfast meal who is listed as being on a mechanical soft diet. He proceeded to shake his [redacted] and stated, 'That is not right.' The Wellness Director added Resident #3's PDA brought the container for her to her see and she could not believe it. She stated that breakfast was for another resident and the dietary aide delivered the wrong container to the wrong resident. The Executive Chef stated the Styrofoam containers are black so you cannot write on them, so they will be putting labels on the boxes of meals delivered to residents in their rooms so this does not happen again. The Wellness Director was advised Resident #3's PDA was not certain what diet Resident #3 was on, to which she stated they will be working on that too. Review of the breakfast menu for [redacted], documents sausages for residents receiving a regular and a mechanical soft diet. Review of the facility Diet Extensions Guide dated	A 093		

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A 093	Continued From page 15 . . . . . , ... , documents the consistency requirements for therapeutic diets to include mechanical soft chopped, documenting one ounce of sausage chopped and fresh fruit soft and chopped to be served to the residents receiving a mechanical soft diet. Review of the Food Group chart provided by the facility for 'Safe Foods' and 'Foods to Avoid' on a mechanical soft diet includes under Meat and Protein, 'Foods to Avoid' - thick . . . cuts and sausages. On , . . , residents on a mechanical soft diet had sausage included in their breakfast meal, despite sausages being included in 'Foods to Avoid' on a mechanical soft diet. Further during the interview conducted with the Executive Chef in the presence of the Wellness Director on at 2:30 PM, the Executive Chef was shown the photographic evidence of the lunch meal provided to Resident #3 which contained a cut up turkey and cheese sandwich and cut up green beans. There were no French fries in the container and no substitute for French fries. The Executive Chef stated the sandwich should have been cut up smaller and he has been trying to educate staff on cutting up food in small pieces and adding gravy, further stating a mechanical soft diet has to be minced and moist. The Executive Chef was advised the size of the pieces of cut up turkey and cheese sandwich were measured with a ruler, which clearly showed the pieces were larger than 1.5 cm x 1.5 cm per their guidelines. Further photographic evidence was reviewed with him and the Wellness Director of pieces of the turkey and cheese sandwich which showed the average size was greater than 2 cm and in varying lengths. The Executive Chef shook his . . and stated, 'We have work to do.'	A 093		

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A 093	Continued From page 16 He reiterated, 'It has to be minced and moist.' Class III	A 093		