Agency for Health Care Administration

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	AL11965330	A. BUILDING: _____ B. WING _____	06/08/2020

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
ARCADIA OAKS ASSISTED LIVING	1013 EAST GIBSON STREET ARCADIA, FL 34266

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
A 000	Initial Comments An Control Focused Visit and Complaint survey for complaint #2020009057 was conducted on at Arcadia Oaks, an assisted living facility in Arcadia, Florida. Complaint #2020009057 was substantiated at tag A0093. The following is description of the deficiency.	A 000		
A 093 SS=D	59A-36.012(2) FAC Food Service - Dietary Standards (2) DIETARY STANDARDS. (a) The meals provided by the assisted living facility must be planned based on the current USDA Dietary Guidelines for Americans, 2010, which are incorporated by reference and available for review at: http://www.flrules.org/Gateway/reference.asp?No=Ref-04003, and the current summary of Dietary Reference Intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academies, 2010, which are incorporated by reference and available for review at: http://iom.edu/Activities/Nutrition/SummaryDRIs/~/media/Files/Activity%20Files/Nutrition/DRIs/New%20Material/5DRI%20Values%20SummaryTables%2014.pdf. Therapeutic diets must meet these nutritional standards to the extent possible. (b) The residents' nutritional needs must be met by offering a variety of meals adapted to the food habits, preferences, and physical abilities of the residents, and must be prepared through the use of standardized recipes. For facilities with a licensed capacity of 16 or fewer residents, standardized recipes are not required. Unless a resident chooses to eat less, the facility must	A 093		

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A 093	Continued From page 1 serve the standard minimum portions of food according to the Dietary Reference Intakes. (c) All regular and therapeutic menus to be used by the facility must be reviewed annually by a licensed or registered dietitian, a licensed nutritionist, or a registered dietetic technician supervised by a licensed or registered dietitian, or a licensed nutritionist to ensure the meals meet the nutritional standards established in this rule. The annual review must be documented in the facility files and include the original signature of the reviewer, registration or license number, and date reviewed. Portion sizes must be indicated on the menus or on a separate sheet. 1. Daily food servings may be divided among three or more meals per day, including snacks, as necessary to accommodate resident needs and preferences. 2. Menu items may be substituted with items of comparable nutritional value based on the seasonal availability of fresh produce or the preferences of the residents. (d) Menus must be dated and planned at least 1 week in advance for both regular and therapeutic diets. Residents must be encouraged to participate in menu planning. Planned menus must be conspicuously posted or easily available to residents. Regular and therapeutic menus as served, with substitutions noted before or when the meal is served, must be kept on file in the facility for 6 months. (e) Therapeutic diets must be prepared and served as ordered by the health care provider. 1. Facilities that offer residents a variety of food choices through a select menu, buffet style dining, or family style dining are not required to document what is eaten unless a health care provider's order indicates that such monitoring is necessary. However, the food items that enable	A 093		

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A 093	Continued From page 2 residents to comply with the therapeutic diet must be identified on the menus developed for use in the facility. 2. The facility must document a resident's refusal to comply with a therapeutic diet and provide notification to the resident's health care provider of such refusal. (f) For facilities serving three or more meals a day, no more than 14 hours must elapse between the end of an evening meal containing a protein food and the beginning of a morning meal. Intervals between meals must be evenly distributed throughout the day with not less than 2 hours nor more than 6 hours between the end of one meal and the beginning of the next. For residents without access to kitchen facilities, snacks must be offered at least once per day. Snacks are not considered to be meals for the purposes of . . . . . the time between meals. (g) Food must be served attractively at safe and palatable temperatures. All residents must be encouraged to eat at tables in the dining areas. A supply of eating ware sufficient for all residents, including adaptive equipment if needed by any resident, must be on . . . (h) A 3-day supply of nonperishable food, based on the number of weekly meals the facility has with residents to serve, must be on . . at all times. The quantity must be based on the resident census and not on licensed capacity. The supply must consist of foods that can be stored safely without refrigeration. Water sufficient for drinking and food preparation must also be stored, or the facility must have a plan for obtaining water in an emergency, with the plan coordinated with and reviewed by the local disaster preparedness authority. This Statute or Rule is not met as evidenced by: Based on observation, interview and record	A 093		

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A 093	Continued From page 3 review, the facility failed to served adequate nutritious meals to 46 of 46 residents surveyed by failing to provide all items listed on the daily menu as part of the resident's diets and failing to provide adequate substitutions for the menu items (milk, tossed salad). Also, the facility failed to offer hot entrée alternatives for menu items being offered and failed to assist Resident #1 with less salt in her diet at her request. Also, the facility failed to post a menu of daily meals being served so residents could have time to make alternative requests for their meals. The findings included: On Resident #1's daughter complained that her mother was requesting less salt in her meal. The Administrator documented the facility did not offer therapeutic meals for residents. The Administrator documented the resident could substitute any meal items with the meal substitutions offered by the facility. These substitutions listed by the facility were: Peanut Butter and Jelly Sandwich, Ham, Turkey, or Bologna, or Cheese Sandwich, Mashed Potatoes, Green Beans, Tossed Salad, Cottage Cheese, and Fruit Cup. Review of the menu showed residents are to receive an entrée, starch, vegetable, and dessert with each meal. Per the daily menu, all residents are to receive 1 cup of milk with each meal. Review of the "Menu Substitutions" documentation provided by the facility showed no menu substitutions in the month of . Review of the , , and , substitution list shows portions are not being documented with the substitutions as required.	A 093		

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A 093	Continued From page 4 On . . . . . at 11:15 a.m., the Administrator provided a handwritten substitution list for . . . , 7th and 8th. The Administrator said she had not had time to place theses substitutions on the meal substitution lists prior to Surveyor intervention. The list provided by the Administrator had no portions listed. Milk was not listed on the substitution meals and no substitution was listed for the milk required to be served. On the substitution meal read, "Pizza, Chips, Red white and Blue Cakes". Review of the menu for the pizza meal that was scheduled to be served on Saturday, ... , showed the meal was to have a tossed salad provided with the meal. The documentation shows no vegetable was provided on with the residents' dinner meal. On . . . . . at 11:32 a.m., Resident #1 said she had been complaining to her daughter about the meals. She said she had just gotten out to the hospital and she had . She said On . . . . . at dinner she was served one slice of pizza, a small bag of chips, and some little cakes. Resident #1 said she did not want to have the chips, but she would eat them because it would take to long for staff members to provide her a substitution for the chips. Resident #1 said the meal alternatives offered by the facility are all entrees. sandwiches. Resident #1 said meals are not posted so she does not know what is being served each day. On from 12:15 p.m. to 12:45 p.m., the lunch meal was observed. There was no posting of the meal observed. Staff were served Salisbury steak without gravy, steamed squash, potatoes, fruit, and a roll. No milk was observed	A 093		

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A 093	Continued From page 5 to be offered to any of the residents. On . . . . . at 12:45 p.m., Staff A verified milk had not been offered to any of the residents during the lunch meal. On . . . at 2:40 p.m., Resident #1 said she is never offered milk with her meal. Resident #1 said she was not aware milk should be provided with each meal. Resident #1 verified there had been no tossed salad served on . . . . when she had pizza, and a bag of chips. On at 2:50 p.m., Resident #4 verified he was not offered milk with his meals daily. Resident #4 said he like milk and would like to have it served with his meals. Resident #4 said he looked forward to Tuesdays because he gets cereal with milk. Resident #4 verified he was not served a tossed salad when he was given pizza on . . . . . On . . . . . at 3:00 p.m., the Administrator said she was not aware milk listed on the menu was a required part of the resident's diet. She said she would have to speak with the dietician for a possible substitution for the milk because some of the residents do not like milk. The Administrator verified the substitution had not been appropriately updated and portion sizes were not being documented as required. The Administrator verified that since the dining room had been closed staff had not been posting meals for residents as required by the regulation. The Administrator verified there were no hot entrees being offered as an alternative to residents if they did not like their meal. The Administrator said Resident #1 could ask for a substitution for any part of her meal she thinks is to salty. After surveyor intervention, the Administrator agreed	A 093		

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A 093	Continued From page 6 that staff could be more aware of the residents likes and desire not to have to much salt in her meal and provide mashed potatoes instead of a bag of salty chips being served on the menu. Class III	A 093		