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LT. GOVERNOR

RODNEY A. ROBERTS, DIRECTOR

August 26, 2014

Ms. Susan Nelson, RN Manager
Northwood Pines Assisted Living
700 10th Street North
Northwood, IA 50459

**RE: Final Recertification Monitoring Evaluation Report – Northwood Pines
Assisted Living, Northwood, IA**

Dear Ms. Nelson:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481—67 and 481—69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and the documents are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0271** with effective dates of **March 31, 2014** through **March 30, 2016**.

If you have any questions in regard to this certification, please contact me at 515/281-7039 or **Rose.Boccella@dia.iowa.gov**.

Sincerely,

Rose Boccella

Rose Boccella
Program Coordinator
Adult Services Bureau

Enclosure

IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Susan Nelson, RN Manager
Northwood Pines Assisted Living
700 10th Street North
Northwood, IA 50459

Date of Monitoring Visit:

August 19, 2014

Monitor(s):

Margaret Kaltefleiter, RN MS

Definitions: *The following definitions are relevant:*

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview: *In preparing this report, the following information was considered:*

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

General Population Program	
Number of tenants without cognitive disorder:	16
Number of tenants with cognitive disorder:	0
Total Population of Program at time of on-site	16
TOTAL census of Assisted Living Program	16

Tenant/Family Satisfaction Results – A community meeting with nine tenants was held. The tenants stated they liked living at the Program because they received the cares needed and didn't have to cook. Housekeeping services were completed to their satisfaction and the buildings and grounds were clean, safe and sanitary. Nursing services were available and staff responded within two to three minutes when called for assistance. Tenants received the services they expected when they signed the occupancy agreement. The care received was described as excellent and very good. Staff treated the tenants very well, knew what services to provide and was trained appropriately. The tenants liked the food and received a variety of meats, vegetables and desserts. Foods were served at the appropriate temperature. One tenant requested pie is served more frequently. Plenty of activities were offered and tenants enjoyed exercise class, taking walks and playing Bingo. One tenant stated the bathroom floor was slippery when getting out of the shower and another tenant said the kitchen floor was slippery as well and they wondered if something could be done to make the floor less slippery. (Management stated they had wide anti-slip strips that could be adhered to the floors to address the slippery concern.) Tenants felt safe, made their own decisions, were generally satisfied with the Program and had recommended it to their friends.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. **There were no regulatory insufficiencies found during this onsite recertification monitoring evaluation.**