

Division of Health Service Regulation

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| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>HAL065020</b>                   | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING: <b>01</b><br><br>B. WING _____                                                | (X3) DATE SURVEY<br>COMPLETED<br><br><b>02/14/2018</b> |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>CHAMPIONS ASSISTED LIVING</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>1007 PORTERS NECK ROAD<br/>WILMINGTON, NC 28411</b> |                                                                                                                          |                                                        |
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| C 000                                                                | Initial Comments<br><br>Report of a Construction Section Biennial Survey<br>by Ed Miller and Suzanna Fay, conducted on<br>February 14, 2018.<br><br>Records indicate this facility was first licensed as<br>a Home for the Aged on April 27, 2000. An<br>addition was submitted on 08/28/2002. The<br>facility is currently licensed for One Hundred<br>Forty-Eight (148) Beds including a 26 bed Special<br>Care Unit. Based on this information, we are<br>requiring the facility to meet the 1996 Rules for<br>the Licensing of Adult Care Homes; applicable<br>portions of the 2005 Regulations for Adult Care<br>Homes; and the 1996 North Carolina State<br>Building Code requirements for Group I<br>Institutional - Unrestrained and the 2002 North<br>Carolina State Building Code Group I-2<br>Institutional<br><br>Deficiencies were cited that require a Plan of<br>Correction. | C 000                                                                                           |                                                                                                                          |                                                        |
| C 101                                                                | Existing Licensed Fac- No less than '71 Rules<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0301 APPLICATION OF<br>PHYSICAL PLANT REQUIREMENTS<br>The physical plant requirements for each adult<br>care home shall be applied as follows:<br>(2) Except where otherwise specified, existing<br>licensed facilities or portions of existing licensed<br>facilities shall meet licensure and code<br>requirements in effect at the time of construction,<br>change in service or bed count, addition,<br>renovation, or alteration; however in no case shall<br>the requirements for any licensed facility where<br>no addition or renovation has been made, be less<br>than those requirements found in the 1971<br>"Minimum and Desired Standards and                                                                                                                             | C 101                                                                                           |                                                                                                                          |                                                        |

Division of Health Service Regulation

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Division of Health Service Regulation

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| C 101                                                                | Continued From page 1<br><br>Regulations" for "Homes for the Aged and Infirm",<br>copies of which are available at the Division of<br>Health Service Regulation at no cost;<br><br>This Rule is not met as evidenced by:<br>1. Based on observation and interview with<br>Administrator and Maintenance Director, the<br>facility does not meet the Code requirements in<br>effect at the time of construction.<br>Findings on February 14, 2018:<br>a. Cross-Corridor door at the end of Sleeping<br>Wings - the double-egress, cross-corridor,<br>20-minute doors appear to be in the smoke<br>barrier wall and do not have vision panels as<br>required by Code.<br><br>2. Based on observation, the Building did not<br>meet the Code requirements in effect at the time<br>of construction or alteration.<br>Findings on February 14, 2018:<br>a. Kitchen Service Corridor -the delayed egress<br>lock, did not initiate the irreversible process when<br>the release device was depressed, to unlock<br>within 15 seconds,<br>b. Exit near Bedroom 103 - when the release<br>device was depressed it took six seconds and not<br>within the required 3 seconds to initiate the<br>irreversible process to unlock the door within 15<br>seconds, | C 101                                                                                           |                                                                                                                          |                                                        |
| C 133                                                                | Bathrooms-Hand Grips<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0305 PHYSICAL<br>ENVIRONMENT<br>(e) The requirements for bathrooms and toilet<br>rooms are:<br>(6) Hand grips shall be installed at all                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | C 133                                                                                           |                                                                                                                          |                                                        |

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| C 133                                                                | Continued From page 2<br><br>commodes, tubs and showers used by or<br>accessible to residents;<br><br>This Rule is not met as evidenced by:<br>1. Based on observation, the facility failed to<br>provide all commodes, and tubs, accessible to<br>residents with hand grips. This deficiency affects<br>all residents who use these fixtures by not<br>providing increased safety, controlled against<br>instability/balance, and maneuverability at the<br>fixtures.<br>Findings on February 14, 2018:<br>The hand grips that were installed at the following<br>locations were behind the commode in a location<br>which makes it very difficult for resident to reach<br>when sitting on the commode.<br><br>Bedroom 228 Bathroom<br>Bedroom 225 Bathroom<br>SCU Bedroom 110 Bathroom | C 133                                                                                           |                                                                                                                          |                                                        |
| C 164                                                                | Housekeeping and Furnishings-Clean, Repaired<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0306 HOUSEKEEPING AND<br>FURNISHINGS<br>(a) Adult care homes shall:<br>(1) have walls, ceilings, and floors or floor<br>coverings kept clean and in good repair;<br>(2) have no chronic unpleasant odors;<br>(3) have furniture clean and in good repair;<br>(e) This Rule shall apply to new and existing<br>facilities.<br><br>This Rule is not met as evidenced by:<br>1. Based on Observation, and interview the<br>facility failed to keep ceilings clean and in good<br>repair.<br>Findings on February 14, 2018:                                                                                                                                                               | C 164                                                                                           |                                                                                                                          |                                                        |

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| C 164                                                                | Continued From page 3<br><br>a. Exterior Bathroom near Bedroom 103 - the ceiling was stained in one corner. This Bathroom is not a resident bathroom, staff indicated the intent is to convert this area into storage.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | C 164                                                                                           |                                                                                                                          |                                                        |
| C 166                                                                | Housekeeping-Maintained Free of Hazards<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0306 HOUSEKEEPING AND FURNISHINGS<br>(a) Adult care homes shall:<br>(5) be maintained in an uncluttered, clean and orderly manner, free of all obstructions and hazards;<br>(e) This Rule shall apply to new and existing facilities.<br><br>This Rule is not met as evidenced by:<br>1. Based on Observation, the Building was not maintained free of hazards, if oxygen cylinders fall, breaking their valves, propelling the cylinder, and turning it into a dangerous projectile.<br>Findings on February 14, 2018:<br>a. Second Floor Nurse Station - one small portable medical oxygen cylinder is stored standing up not secured. | C 166                                                                                           |                                                                                                                          |                                                        |
| C 185                                                                | Fire Safety-Rehearsals on Each Shift<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0309 PLAN FOR EVACUATION<br>(b) There shall be rehearsals of the fire plan quarterly on each shift in accordance with the requirement of the local Fire Prevention Code Enforcement Official.<br>(c) Records of rehearsals shall be maintained and copies furnished to the county department of social services annually. The records shall                                                                                                                                                                                                                                                                                                 | C 185                                                                                           |                                                                                                                          |                                                        |

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| C 185                                                                | Continued From page 4<br><br>include the date and time of the rehearsals, the shift, staff members present, and a short description of what the rehearsal involved.<br>(f) This Rule shall apply to new and existing facilities.<br><br>This Rule is not met as evidenced by:<br>1. Based on Record review and interview with Administrator and Maintenance Director, the Facility failed to document 'a short description' . Findings on February 14, 2018:<br>a. The description documented on the fire plan rehearsal records did not include a the extent of the evacuation (i.e. defend in place, evacuation of a smoke compartment, evacuation of entire facility.)                                                                                                                                          | C 185                                                                                           |                                                                                                                          |                                                        |
| C 189                                                                | Building Equipment Maintained Safe, Operating<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0311 OTHER<br>REQUIREMENTS<br>(a) The building and all fire safety, electrical, mechanical, and plumbing equipment in an adult care home shall be maintained in a safe and operating condition.<br>(k) This Rule shall apply to new and existing facilities with the exception of Paragraph (e) which shall not apply to existing facilities.<br><br>This Rule is not met as evidenced by:<br>1. Based on observation, the Fire Alarm system was not maintained in a safe and operating condition. This would affect all by not providing visible notification of fire event.<br>Findings on February 14, 2018:<br>a. Throughout the Building - the fire alarm system strobes did not operate. At the time of | C 189                                                                                           |                                                                                                                          |                                                        |

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| C 189                                                                | <p>Continued From page 5</p> <p>survey, technicians were onsite working on system.</p> <p>2. Based on observation, the Building was not maintained in a safe and operating condition, because the fire rated doors in a Firewall and Smoke Barrier did not close completely and latch in order to contain smoke/fire. This could affect all residents, staff and visitors by not containing smoke/fire in the fire compartment of origin. Findings on February 14, 2018:</p> <p>a. 1st Floor Firewall - the front leaf of the cross-corridor doors did not latch when the fire alarm hold open devices released. Deficiency corrected before Construction Surveyors departed site.</p> <p>b. SCU Smoke Barrier - the back leaf of the cross-corridor doors did not latch when the fire alarm hold open devices released. Deficiency corrected before Construction Surveyors departed site.</p> <p>3. Based on observations, the Building fire safety was not maintained in a safe and operating condition. This could expose all to fire/smoke if not contained in Room of origin. Findings on February 14, 2018:</p> <p>a. Electrical Room across from Bedroom 246 - there are two holes not firestopped as they penetrate the fire-resistance-rated floor/ceiling assembly. Deficiency corrected before Construction Surveyors departed site.</p> <p>b. 2nd Floor Electrical Room Left Side - there are gaps around conduits not firestopped as they penetrate the fire-resistance-rated floor/ceiling assembly. Deficiency corrected before Construction Surveyors departed site.</p> <p>c. Room 207 - there are gaps around electrical boxes not firestopped as they penetrate the fire-resistance-rated floor/ceiling assembly.</p> | C 189                                                                                           |                                                                                                                          |                                                        |

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| C 189                                                                | <p>Continued From page 6</p> <p>Deficiency corrected before Construction<br/>Surveyors departed site.</p> <p>d. SCU Mechanical room near Pantry - there<br/>are holes not firestopped as they penetrate the<br/>fire-resistance-rated floor/ceiling assembly.<br/>Deficiency corrected before Construction<br/>Surveyors departed site.</p> <p>4. Based on observation, the Building was not<br/>maintained in a safe and operating condition,<br/>because the commercial kitchen hood's fire<br/>suppression system lacked the inspections,<br/>maintenance, and documentation required to<br/>ensure a properly working system.<br/>Findings on February 14, 2018:<br/>a. Kitchen -since the last semi-annual<br/>maintenance of the commercial kitchen hood's<br/>fire suppression system, there has been no<br/>documentation of the monthly in-house/Owner's<br/>inspections.</p> <p>5. Based on observation, the Facility failed to<br/>maintain the electrical system in a safe and<br/>operating condition.<br/>Findings on February 14, 2018:<br/>a. Bedroom 225 Bathroom - the ground-fault<br/>circuit-interrupter (GFCI) electrical power<br/>receptacle did not trip with a push of the test<br/>button and when tested with a circuit tester.<br/>Deficiency corrected before Construction<br/>Surveyors departed site.<br/>b. Corridor near Bedroom 224 - several<br/>semi-recessed light fixture are falling down from<br/>the ceiling. Deficiency corrected before<br/>Construction Surveyors departed site.</p> <p>6. Based on observation, the Building Sprinkler<br/>System was not maintained in a safe and<br/>operating condition. This could affect all<br/>residents, staff, and visitors if smoke/fire is not</p> | C 189                                                                                           |                                                                                                                          |                                                        |

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| C 189                                                                | Continued From page 7<br><br>contained in the Room of origin.<br>Findings on February 14, 2018:<br>a. Stair Tower across from Room 347 - the fire<br>sprinkler is missing its escutcheon plate,<br>exposing an opening through the<br>fire-resistance-rated ceiling that allows the spread<br>of smoke and heat. Deficiency corrected before<br>Construction Surveyors departed site.<br>b. 3rd Floor North Stair Tower - the fire sprinkler<br>is missing its escutcheon plate, exposing an<br>opening through the fire-resistance-rated ceiling<br>that allows the spread of smoke and heat.<br>Deficiency corrected before Construction<br>Surveyors departed site.<br>c. Kitchen Manager Office - the fire sprinkler is<br>missing its escutcheon plate, exposing an<br>opening through the fire-resistance-rated ceiling<br>that allows the spread of smoke and heat.<br>Deficiency corrected before Construction<br>Surveyors departed site. | C 189                                                                                           |                                                                                                                          |                                                        |
| C 195                                                                | Hot Water System<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0311 OTHER<br>REQUIREMENTS<br>(d) The hot water system shall be of such size to<br>provide an adequate supply of hot water to the<br>kitchen, bathrooms, laundry, housekeeping<br>closets and soil utility room. The hot water<br>temperature at all fixtures used by residents shall<br>be maintained at a minimum of 100 degrees F<br>(38 degrees C) and shall not exceed 116 degrees<br>F (46.7 degrees C).<br>(k) This Rule shall apply to new and existing<br>facilities with the exception of Paragraph (e)<br>which shall not apply to existing facilities.                                                                                                                                                                                                                                                                                                         | C 195                                                                                           |                                                                                                                          |                                                        |

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| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>HAL065020</b>                   | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING: <b>01</b><br><br>B. WING _____                                                | (X3) DATE SURVEY<br>COMPLETED<br><br><b>02/14/2018</b> |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>CHAMPIONS ASSISTED LIVING</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>1007 PORTERS NECK ROAD<br/>WILMINGTON, NC 28411</b> |                                                                                                                          |                                                        |
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| C 195                                                                | Continued From page 8<br><br>This Rule is not met as evidenced by:<br>1. Based on Observation, the Facility failed to maintain the hot water temperature at all fixtures used by residents to be a minimum of 100 degrees Fahrenheit and shall not exceed 116 degrees Fahrenheit.<br>Findings on February 14, 2018:<br>a. Men's 340 - the sink had a hot water temperature of 120 degrees Fahrenheit.<br>Deficiency corrected before Construction Surveyors departed site now 112 degrees Fahrenheit.                                                                                                                                                                                                                                                                                                                                                                                                                                    | C 195                                                                                           |                                                                                                                          |                                                        |
| C 199                                                                | Exhaust Ventilation<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0311 OTHER<br>REQUIREMENTS<br>(g) The spaces listed in this Paragraph shall be provided with exhaust ventilation at the rate of two cubic feet per minute per square foot. This requirement does not apply to facilities licensed before April 1, 1984, with natural ventilation in these specified spaces:<br>(1) soiled linen storage;<br>(2) soil utility room;<br>(3) bathrooms and toilet rooms;<br>(4) housekeeping closets; and<br>(5) laundry area.<br>(k) This Rule shall apply to new and existing facilities with the exception of Paragraph (e) which shall not apply to existing facilities.<br><br>This Rule is not met as evidenced by:<br>1. Based on observation, the Facility failed to maintain the Ventilation System in an operating condition.<br>Findings on February 14, 2018:<br>a. Most of the Building - the ventilation system is | C 199                                                                                           |                                                                                                                          |                                                        |

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| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>HAL065020</b>                   | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING: <b>01</b><br><br>B. WING _____                                                | (X3) DATE SURVEY<br>COMPLETED<br><br><b>02/14/2018</b> |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>CHAMPIONS ASSISTED LIVING</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>1007 PORTERS NECK ROAD<br/>WILMINGTON, NC 28411</b> |                                                                                                                          |                                                        |
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| C 199                                                                | Continued From page 9<br><br>not working.<br>b. 2nd Floor Women near Nurse Station - the<br>ventilation system was blowing some of the air<br>back into the room instead of removing it.<br>c. 1st Floor Bedroom 134 - the ventilation<br>system was blowing some of the air back into the<br>room instead of removing it.<br>d. 1st Floor Bedroom 137 - the ventilation<br>system was blowing some of the air back into the<br>room instead of removing it.<br>e. SCU Housekeeping - the exhaust fan is not<br>running. | C 199                                                                                           |                                                                                                                          |                                                        |