STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	HAL045112	A. BUILDING: _____ B. WING _____	C 04/03/2018

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
MOUNTAIN VIEW ASSISTED LIVING	260 CENTERWAY DRIVE HENDERSONVILLE, NC 28792

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
D 000	Initial Comments The Adult Care Licensure Section conducted an annual survey on April 3, 2018.	D 000		
D 310	10A NCAC 13F .0904(e)(4) Nutrition and Food Service 10A NCAC 13F .0904 Nutrition and Food Service (e) Therapeutic Diets in Adult Care Homes: (4) All therapeutic diets, including nutritional supplements and thickened liquids, shall be served as ordered by the resident's physician. This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to assure 1 of 1 resident (#2) with a Mechanical Soft diet order was served as ordered. The findings are: Review of the current FL2 dated 11/9/17 for Resident #2 revealed: -Diagnoses included dementia. -A physician order for a Regular Mechanical Soft diet. Review of the modified diet list in the kitchen revealed there was 1 Resident (#2) who had a Mechanical Soft diet order. Observation of the lunch meal on 4/3/18 at 11:45am through 12:25pm revealed: -Resident #2 was served beef stew with vegetables, tossed salad with tomatoes and cucumbers, corn bread, and a brownie. -The pieces of beef in the stew were approximately 1 inch by 1/2 inch long and 1/4	D 310		

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D 310	Continued From page 1	D 310		

inch thick.
-The tossed salad lettuce leaves were approximately 1 inch by 1 inch pieces with 1 inch by 1/2 inch cucumber and tomato pieces.
-Resident #2 had no apparent problem eating the salad.
-She ate the vegetables in the stew, but left 6 pieces of meat on her plate.

Interview with the Cook, Staff A, on 4/3/18 at 11:50am revealed:
-She did not know where the therapeutic menus were located.
-She used the week at a glance menus for guidance.
-She had been cooking there for about 1 month.
-A medication aide trained her when she started cooking.
-She used the Tuesday Menu for Week 4 on the week-at-a-glance menus for guidance what to cook "today."

Interview with and observation of the Director on 4/3/18 at 12:10pm revealed:
-She was looking for the modified menus in 2 thick food service recipe books laying on a kitchen counter.
-She found the modified menus in the front of one of the 2 recipe books.
-A medication aide trained Staff A when Staff A began cooking there.
-Staff A usually only cooked about 1 day per week.
-She had been the Director in this facility for 5 months.
-She did not know why Resident #2 had an order for a Mechanical Soft diet.

Review of the Mechanical Soft Menus for Day 3 lunch on Week 4 revealed:

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D 310	Continued From page 2	D 310		

-Brunswick stew was listed to be served "ground."
-The salad was listed to be served as "shredded lettuce."

Interview with Resident #2 on 4/3/18 at 3:30pm revealed:
-She did not have her dentures in at lunch and could not chew the stew beef.
-The beef in the stew was "too tough to chew."
-She could usually eat the meat and all the foods that were served to her.
-She had not been getting ground meat and did not know who ordered the diet.
-She usually wore her dentures and could "eat about everything."
-She gets enough food to eat that she can chew.

Telephone interview with the Dietitian who provided the facility menus on 4/3/18 at 2:54pm revealed:
-A resident with a Mechanical Soft diet should not be served tossed salad with raw vegetables, but should have finely shredded lettuce.
-She had written the menus so that most meat was to be served ground.

Review of Resident #2's record revealed no documentation related to any difficulty in chewing and no documentation of any swallowing study completed.

Telephone interview with Resident #2's primary care provider on 4/3/18 at 3:23pm revealed:
-He could not remember who Resident #2 was but she may have been on a Mechanical Soft diet when she was admitted to the facility or the diet may have been a family preference.
-The Mechanical Soft menu may also have been ordered for Resident #2 because of her dentures.
-He stated that it was not significant if she was

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D 310	Continued From page 3 not served a Mechanical Soft diet. Telephone interview with Resident #2's family member on 4/3/18 at 2:39pm revealed: -He saw Resident #2 once every other weekend. -He did not know of any problems Resident #2 was having chewing her food, but that she sometimes forgot to wear her dentures. Review of Resident #2's weight documented in the "Weight Book" revealed she had gained 3 pounds in 5 months.	D 310		