STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	HAL061011	A. BUILDING: _____ B. WING _____	R 04/25/2018

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
MITCHELL HOUSE	13681 HWY 226 SOUTH SPRUCE PINE, NC 28777

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
{D 000}	Initial Comments The Adult Care Licensure Section and the Mitchell County Department of Social Services conducted a follow-up survey on April 24, 2018 and April 25, 2018.	{D 000}		
{D 310}	10A NCAC 13F .0904(e)(4) Nutrition and Food Service 10A NCAC 13F .0904 Nutrition and Food Service (e) Therapeutic Diets in Adult Care Homes: (4) All therapeutic diets, including nutritional supplements and thickened liquids, shall be served as ordered by the resident's physician. This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to assure for 2 of 2 sampled residents (#4 and #5) with a physician's order for a mechanical soft diet was served as ordered. The findings are: Review of the lunch menu dated 4/24/2018 revealed homestyle sloppy joes, potato salad, corn, pineapple and beverages were to be served. Review of the lunch therapeutic menus revealed: -Under the special diet instructions heading for potato salad was listed, "mech soft-MS" followed by "potatoes should be soft, well cooked and chopped if needed. Omit onions, celery and pickle". -Under the special diet instructions heading for corn was listed, "mech soft-MS" followed by "replace with soft, well-cooked, 1/8 inch diced or	{D 310}		

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{D 310}	Continued From page 1	{D 310}		

smaller vegetable of choice".
-Under the special diet instructions heading for pineapple was listed, "mech soft-MS" followed by "replace with canned fruit...cut into small bite sized pieces".

1. Review of Resident #4's current FL2 dated 7/13/2017 revealed diagnoses included Alzheimer's, asthma, hypertension and chronic kidney disease.

Review of Resident #4's record revealed a physician order for a mechanical soft diet, entire meal, dated 1/19/2018.

Review of the facility's therapeutic diet list revealed Resident #4 was on a "mechanical soft, entire meal" diet.

Observation of the lunch meal on the Special Care Unit on 4/24/2018 from 12:00pm through 12:45pm revealed:
-Resident #4 was served potato salad with a homestyle sloppy joe, finely chopped beets, canned fruit salad and beverages.
-Resident #4 ate the potato salad with no difficulty.

Based on observations, interviews, and record reviews, it was determined Resident #4 was not interviewable.

Telephone interview with Resident #4's primary care provider (PCP) on 4/25/2018 at 11:03am revealed:
-Hospice had recommended the mechanical soft diet for Resident #4 due to her dementia, questionable difficulties with swallowing and repeated respiratory issues.
-If the onions, celery and pickle relish were "fine

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{D 310}	Continued From page 2 enough", the PCP had no concerns with Resident #4 eating the potato salad. Refer to the telephone interview with the assistant of the facility's contracted dietician. Refer to the interviews with a cook. Refer to the interviews with the Kitchen Manager. Refer to the interview with the Administrator. 2. Review of Resident #5's current FL2 dated 11/29/2017 revealed diagnoses included dementia with agitation, dizziness, history of stroke, hypertension, rib pain, urge incontinence and insomnia. Review of Resident #5's record revealed a physician order for a mechanical soft diet, entire meal, dated 11/29/2017. Review of the facility's therapeutic diet list revealed Resident #5 was on a "mechanical soft, entire meal" diet. Observation of the lunch meal on the Assisted Living Unit on 4/24/2018 from 12:00pm through 12:45pm revealed: -Resident #5 was served potato salad with a homestyle sloppy joe, finely chopped beets, canned fruit salad and beverages. -Resident #5 ate the potato salad with no difficulty. Telephone interview with Resident #5's PCP nurse on 4/25/2018 at 11:10am revealed the PCP had no concerns with Resident #5 eating the potato salad.	{D 310}		

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{D 310}	Continued From page 3 Refer to the telephone interview with the assistant of the facility's contracted dietician. Refer to the interviews with a cook. Refer to the interviews with the Kitchen Manager. Refer to the interview with the Administrator. _____ Telephone interview with the assistant of the facility's contracted dietician on 4/25/2018 at 10:49am revealed: -Per national guidelines, no raw vegetables were to be served for a mechanical soft diet. -The facility should have prepared potato salad that did not have raw onions and celery, the pickle relish was okay to serve. Interviews with a cook on 4/24/2018 at 12:00pm and 2:05pm revealed: -Residents on a mechanical soft diet would receive beets in place of corn. -The potato salad was made with "pickle relish, onions and celery". -She had prepared the potato salad yesterday and had processed the onions, celery and pickle relish in the commercial grade food processor. -She "did not understand" the reasons a mechanical soft diet could not have the onions and celery in the potato salad, "it wouldn't be potato salad if it didn't have these things" (onions and celery). -She had not looked at the therapeutic menu when preparing the potato salad. Interviews with the Kitchen Manager on 2/24/2018 at 12:05pm and 3:45pm revealed: -I had "never seen that before" (to omit onions, celery and pickles in the potato salad).	{D 310}		

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{D 310}	Continued From page 4 -The onions, celery and pickle relish was chopped smaller than the beets. -He was "not sure" why the residents on a mechanical soft diet could not be served the potato salad as it was prepared by the cook. -Since the annual survey, he had been printing out the corresponding therapeutic menu guide for all meals as listed on the menu. -The guide gave specifics on how to prepare the food for all of the therapeutic diets. -It "never occurred" to him mechanical soft diets could not have chopped pickles or vegetables. -A mechanical soft diet had to do with what a resident could "tolerate, they couldn't have nuts or hard things". -He had not read the potato salad therapeutic menu guide. Interview with the Administrator on 2/25/2018 at 10:15am revealed: -She expected the kitchen staff to follow the therapeutic menus "to a tee". -Since the annual survey, there is always a manager on-duty and in the building during mealtimes. -The manager was to assure what residents were served "matched" their diet order. -She had "no response" to reasons the mechanical soft diet was not prepared per the therapeutic menu. -She would schedule additional training for the Kitchen Manager.	{D 310}		