STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	HAL023041	A. BUILDING: _____ B. WING _____	03/17/2022

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
GOLDEN YEARS REST HOME	630 SUGAR HILL ROAD LAWNDALE, NC 28090

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
D 000	Initial Comments The Adult Care Licensure Section and the Cleveland County DSS conducted an annual and follow-up survey on March 16, 2022 to March 17, 2022.	D 000		
D 358	10A NCAC 13F .1004(a) Medication Administration 10A NCAC 13F .1004 Medication Administration (a) An adult care home shall assure that the preparation and administration of medications, prescription and non-prescription, and treatments by staff are in accordance with: (1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and (2) rules in this Section and the facility's policies and procedures. This Rule is not met as evidenced by: Based on observations, interviews, and record reviews the facility failed to administer medications as ordered for 1 of 3 sampled residents (#1) including errors with medications to treat high blood sugar. The findings are: Review of Resident #1's current FL2 dated 12/22/21 revealed: -Diagnoses included diabetes mellitus (DM) type II and chronic pancreatitis. -There was an order for Novolog 100units per sliding scale three times daily. -There was no sliding scale parameters or meal time scheduled dose documented. Review of Resident #1's physician's order for sliding scale insulin (SSI) dated 01/14/20 revealed:	D 358		

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D 358	Continued From page 1 -There was a typed order titled "Sliding Scale" with Resident #1's name handwritten below the title. -The sliding scale document had a column on the left side for fingerstick blood sugar (FSBS), the scheduled and SSI dosage in the middle section with meals, and the right handed column was administration of insulin without meals. -The scheduled meal time dose was 5 units of Novolog insulin three times a day before meals. -If the fingerstick blood sugar (FSBS) was less than 70mg, treat with 4 ounces of orange juice. -The entries on the Sliding Scale form were as follows: -FSBS between 61-80, administer the scheduled meal dose of 5 units of Novolog insulin, after the resident had eaten his meal. -FSBS between 81-120, administer the scheduled meal dose of 5 units of insulin and no additional insulin. -FSBS between 121-150, administer 6 units of insulin. -FSBS between 151-180, administer 7 units of insulin. -FSBS between 181-210, administer 8 units of insulin. -FSBS between 211-240, administer 9 units of insulin. -FSBS between 241-270, administer 10 units of insulin. -FSBS between 271-300, administer 11 units of insulin. -FSBS between 301-330, administer 12 units of insulin. -FSBS between 331-360, administer 13 units of insulin. -FSBS between 361-390, administer 14 units of insulin. -FSBS between 391-420, administer 15 units of insulin.	D 358		

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D 358	Continued From page 2 -FSBS between 420-460, administer 17 units of insulin. -FSBS between 461-500, administer 18 units of insulin. -Contact the physician if the blood sugar was over 500. Review of Resident #1's physician's order for sliding scale insulin dated 01/11/22 revealed: -There was a handwritten paper titled "Sliding Scale" for Resident #1 in the medication room hanging on the cupboard door above the counter. -The sliding scale document had a column on the left side for FSBS, the scheduled and SSI dosage in the middle section with meals, and the right handed column was administration of insulin without meals. -The scheduled meal time dose was 5 units of Novolog insulin three times a day before meals, at 8:00am, 12:00pm and 5:00pm. -If the blood sugar was less than 60, treat with orange juice and check (FSBS) 30 minutes after the meal. -The entries on the Sliding Scale form were as follows: -The first entry had been scratched out. -FSBS between 81-120, administer the scheduled meal dose of 5 units of insulin only. -FSBS between 121-150, administer 6 units of insulin. -FSBS between 151-180, administer 7 units of insulin. -FSBS between 181-210, administer 8 units of insulin. -FSBS between 211-240, administer 9 units of insulin. -FSBS between 241-270, administer 10 units of insulin. -FSBS between 271-300, administer 11 units of insulin.	D 358		

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D 358	Continued From page 3	D 358		

-FSBS between 301-330, administer 12 units of insulin.
-FSBS between 331-360, administer 13 units of insulin.
-FSBS between 361-390, administer 14 units of insulin.
-FSBS between 391-420, administer 15 units of insulin.
-FSBS between 420-460, administer 17 units of insulin.
-FSBS between 461-500, administer 18 units of insulin.
-There were no directives for FSBS over 500.

Review of Resident #1's January 2022 electronic medication administration record (eMAR) revealed:
-There was an electronic entry for Novolog 100 units/ml Flexpen, inject 5 units three times a day with meals plus SSI, to be administered at 8:00am, 12:00pm and 5:00pm. The maximum 13 units with meals per SSI (FSBS 460-500).
-There was a handwritten entry that SSI was documented on a separate sheet titled "Sugar Check".
-There was no entry for FSBS.
-There was no documentation on the eMAR of FSBS.
-The medication aides (MAs) initialed the eMARs with no record of SSI administered.

Review of Resident #1's January 2022 FSBS and SSI Medication Record revealed:
-There was a handwritten notation to check Resident #1's FSBS 4 times daily at 8:00am, 12:00pm, 5:00pm and 8:00pm.
-There were entries on the form for FSBS results, the units of insulin injected, the location of the injection and the initials of the MA.
-On 01/01/22 at 5:00pm there was documentation

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D 358	Continued From page 4 the FSBS was 65 and 5 units of insulin were administered -On 01/06/22 at 12:00pm there was documentation the FSBS was 519 and 18 units of insulin were administered. -On 01/12/22 at 5:00pm there was documentation the FSBS was 66 and 5 units of insulin were administered. -On 01/14/22 at 5:00pm there was documentation the FSBS was 63 and 5 units of insulin were administered. -On 01/19/22 at 8:00am, there was documentation the FSBS was 346 and 12 units of insulin were administered. -On 01/21/22 at 5:00pm there was documentation the FSBS was 65 and 5 units of insulin were administered. -On 01/24/22 at 5:00pm there was documentation the FSBS was 61 and 5 units of insulin were administered. -There were 7 out of 93 opportunities Novolg insulin sliding scale was not administered as ordered by the physician. Review of Resident #1's February 2022 eMAR revealed: -There was an electronic entry for Novolog 100 units/ml Flexpen inject 5 units three times a day with meals plus SSI, to be administered at 8:00am, 12:00pm and 5:00pm. The maximum SSI to be administered with meals was 13 units with FSBS 460-500. -There was a handwritten entry that SSI was documented on a separate sheet titled "Sugar Check". -There was no entry for FSBS. -There was no documentation on the eMAR of FSBS. -The MAs initialed the eMARs with no record of SSI administered.	D 358		

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D 358	Continued From page 5 Review of Resident #1's February 2022 FSBS and SSI Medication Record revealed: -There was a handwritten notation to check Resident #1's FSBS 4 times daily at 8:00am, 12:00pm, 5:00pm and 8:00pm. -There were entries on the document for FSBS results, the units of insulin injected, the location of the injection and the initials of the MA. -On 02/04/22 at 12:00pm there was documentation the FSBS was 234 and 10 units of insulin were administered. -On 02/10/22 at 12:00pm there was documentation the FSBS was 69 and 5 units of insulin were administered. -On 02/20/22 at 5:00pm there was documentation the FSBS was 62 and 5 units of insulin were administered. -On 02/24/22 at 5:00pm there was documentation the the FSBS was 159 and 8 units of insulin was administered. -On 02/27/22 at 12:00pm there was documentation the FSBS was 534 and 18 units of insulin were administered. -There were 5 out of 84 opportunities Novolog insulin sliding scale was not administered as ordered by the physician. Review of Resident #1's March 2022 eMAR revealed: -There was an electronic entry for Novolog 100 units/ml Flexpen inject 5 units three times a day with meals plus SSI, to be administered at 8:00am, 12:00pm and 5:00pm. The maximum 13 units with meals per sliding scale (BS 460-500). -There was a handwritten entry "check sugar 4 times a day". -There was no documentation on the eMAR of FSBS. -The MAs initialed the eMARs with no record of	D 358		

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D 358	Continued From page 6 SSI administered. Review of Resident #1's March 2022 FSBS and SSI Medication Record revealed: -There was a handwritten notation to check Resident #1's FSBS 4 times daily at 8:00am, 12:00pm, 5:00pm and 8:00pm. -There were entries on the form for FSBS results, the units of insulin injected, the location of the injection and the initials of the MA. -On 03/02/22 at 8:00am, there was documentation FSBS was 64 and 5 units of insulin were administered. -On 03/05/22 at 12:00pm, there was documentation FSBS was 175 and 8 units of insulin were administered. -On 03/08/22 at 12:00pm, there was documentation FSBS was 313 and 13 units of insulin were administered. -There were 3 out of 45 opportunities Novolog insulin sliding scale was documented as not administered as ordered by the physician. Interview with the first shift MA on 03/16/22 at 2:40pm revealed: -She administered Resident #1's meal dose and sliding scale insulin at 8:00am and 12:00pm when she worked. -The SSI orders were FSBS less than 60 treat with 4 ounces of orange juice, and recheck FSBS in 30 minutes. -She did not always document when she rechecked the FSBS. -She had not noticed Resident #1's physician signed Sliding Scale document in the medication room dated 01/11/22 which had the FSBS range 61-80 crossed off and the insulin administration starting at FSBS 81-120. -She did not know who crossed out the parameters for FSBS 60-80, or how long it had	D 358		

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been there.
-Resident #1 frequently had very low blood sugars, in the 20's to 50's at times, and she would administer orange juice or a snack, and it usually came back up.
-If it was a scheduled time she would record the FSBS. If it was not a scheduled time to record the FSBS, she would not document the blood sugar or the recheck.
-She was not aware of any new orders from the physician changing Resident #1's sliding scale parameters when the FSBS was 60-80.
-She administered 5 units of Novolg (meal dose) when Resident #1's FSBS was between 60 and 80.
-If Resident #1's FSBS was greater than 500, she would administer 18 units of insulin since that was the dose for FSBS 461-500 and there were no further orders for FSBS greater than 500.

Interview with the second shift MA on 03/16/22 at 4:10pm revealed:
-She administered the 5:00pm Novolog meal dose of insulin and sliding scale if needed.
-She saw Resident #1's SSI orders posted in the medication room with the FSBS parameters of 60-80 scratched out.
-She did not know how long it had been up or who scratched out those parameters.
-She did not give Resident #1 any insulin if his blood sugar was less than 80 since the SSI orders were posted.
-Resident #1 frequently had very low blood sugar and could become hypoglycemic.
-If his blood sugar was less than 70 or if was experiencing low blood sugar symptoms, she would give him some orange juice or peanut butter and crackers.
-She did not document this all the time. Sometimes she wrote it on the side of the SSI

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D 358	Continued From page 8	D 358		

orders.
-If Resident #1's FSBS was greater than 500, she would administer 18 units of insulin since that was the dose for FSBS 461-500 and there were no further orders.

Telephone interview with the primary care physician's (PCP) Registered Nurse (RN) on 03/17/22 at 1:40pm revealed:
-The facility's Administrator contacted the physician's office on 03/16/22 with the FSBS results for Resident #1 over the past 2 months.
-The physician had not written the sliding scale document that he signed on 01/11/22.
-The facility had sent the sliding scale documentation pre-written and the physician signed the form.
-The physician had not scratched out the top line of the document before signing the document.
-The physician expected the facility to contact him if the FSBS was above 500, which he included on his original order dated 01/14/20.
-The physician was not aware Resident #1's blood sugar had been running so low lately, and had not requested the facility to send the monthly FSBS readings to him.
-He did not expect the facility to change his orders without consulting him.

Interview with the Administrator on 03/17/22 at 10:25am revealed:
-She scratched out Resident #1's FSBS parameters for insulin administration on the Physician's SSI orders for FSBS 60-80.
-She reviewed Resident #1's blood sugar readings frequently and there were multiple entries of his FSBS below 60 on the Medication Record.
-Since he had been running low, she felt he should not receive his insulin if the FSBS was

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D 358	Continued From page 9 less than 80. -She had not contacted Resident #1's PCP regarding his low readings or before removing the insulin orders for FSBS less than 80. -She sent Resident #1's blood sugar readings to the physician today (03/17/22) to be reviewed. Based on observations and interviews it was determined Resident #1 was not interviewable.	D 358		