STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	HAL045005	A. BUILDING: _____ B. WING _____	R 04/01/2022

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
MCCULLOUGH'S REST HOME	720 ORR'S CAMP ROAD HENDERSONVILLE, NC 28739

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
{D 000}	Initial Comments The Adult Care Licensure Section and the Henderson County Department of Social Services conducted a follow-up survey on 03/31/22 and desk review on 04/01/22 with a telephone exit on 04/01/22.	{D 000}		
D 309	10A NCAC 13F .0904(e)(3) Nutrition and Food Service 10A NCAC 13F .0904 Nutrition and Food Service (e) Therapeutic Diets in Adult Care Homes: (3) The facility shall maintain an accurate and current listing of residents with physician-ordered therapeutic diets for guidance of food service staff. This Rule is not met as evidenced by: Based on observations, record reviews and interviews the facility failed to ensure a therapeutic diet list was maintained for the guidance of dietary staff for 1 of 1 resident sampled (#3) who had physician's order for therapeutic diets. The findings are: Review of Resident #3's current FL2 dated 09/21/2021 and 9/24/2021 revealed: -Diagnoses including Diabetes Mellitus Type 2. -A diet order for a regular consistency, no concentrated sweets (NCS) diet. Review of Resident #3's physician orders on 03/31/22 revealed a diet order for NCS dated 10/26/21.	D 309		

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D 309	Continued From page 1 Observation in the kitchen on 03/31/22 at 8:54am revealed the facility therapeutic diet list posted in the kitchen was dated April 2021. Review of the facility's therapeutic diet list on 03/31/22 revealed: -There were five residents on the facility therapeutic diet list that were no longer residing at the facility. -Resident #3 with a physician order for NCS diet was not on the facility's therapeutic diet list. Interview with Resident Care Coordinator (RCC) on 03/31/22 at 12:30pm revealed all residents were on a regular diet. Interview with the Administrator on 03/31/22 at 12:34pm revealed all residents were on a regular diet. Interview with medication aide/Resident Care Coordinator (MA/RCC) on 04/01/22 at 3:41pm revealed. -None of the residents were ordered a therapeutic diet. -He had not updated the facility diet list since last year. -He, the Assistant Administrator or Administrator were responsible for updating the therapeutic diet list. -He, the Assistant Administrator or Administrator were responsible for notifying the physician if a resident was not following the physician ordered diet. -The physician knew that Resident #3 was noncompliant with the physician ordered NCS diet, and he thought the physician changed the resident's diet to a regular diet. Interview with the Administrator on 04/01/22 at	D 309		

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D 309	Continued From page 2 3:46pm revealed: -She did not know the facility therapeutic diet list posted in the kitchen was outdated. -She did not know the facility had a resident with a physician order for NCS. -She thought the physician had changed the resident to a regular diet. -She or the RCC are responsible for updating the therapeutic diet list. -She expected the staff to follow physician ordered diets.	D 309		
{D 310}	10A NCAC 13F .0904(e)(4) Nutrition and Food Service 10A NCAC 13F .0904 Nutrition and Food Service (e) Therapeutic Diets in Adult Care Homes: (4) All therapeutic diets, including nutritional supplements and thickened liquids, shall be served as ordered by the resident's physician. This Rule is not met as evidenced by: Based on observations, record reviews and interviews the facility failed to ensure therapeutic diets were served as ordered for 1 of 1 sampled resident (Resident #3) who had a physician ordered no concentrated sweets diets. The findings are: Review of Resident #3's current FL2 dated 09/21/2021 and 9/24/2021 revealed: -Diagnoses including Diabetes Mellitus Type 2. -A diet order for a regular consistency, no	{D 310}		

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{D 310}	Continued From page 3 concentrated sweets (NCS) diet. Observation in the kitchen on 03/31/22 at 8:54am revealed the facility did not have a current physician-ordered therapeutic diet list for guidance of food service staff. Review of the facility's therapeutic diet list dated April 2021 revealed: -There were five residents on the facility's therapeutic diet list that were no longer residing at the facility. -Resident #3 was not documented on the facility's therapeutic diet list. Interview with medication aide/Resident Care Coordinator (MA/RCC) on 03/31/22 at 12:30pm revealed all residents were on a regular diet. Interview with the Administrator on 03/31/22 at 12:34pm revealed all residents were on a regular diet. Review of Resident #3's physician's orders revealed: -Resident #3 was ordered a NCS diet on 10/26/21. -Resident # 3 was initially ordered Lantus Solostar (an insulin used to treat diabetes) 10 units subcutaneously daily upon admission on 09/16/21. -Resident # 3's Lantus Solostar order increased to 16 units subcutaneously at bedtime on 10/20/2021. -There was a physician's order dated 10/26/21 for a NCS diet. -Resident # 3's Lantus Solostar order changed 12/13/2021 to 26 units subcutaneously daily for 7 days then decreased to 21 units daily for 4 days and then decreased to 16 units daily ongoing.	{D 310}		

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{D 310}	Continued From page 4 -Resident # 3's Lantus Solostar order increased to 30 unit subcutaneously at bedtime on 01/06/2022. Review of Resident #3's February 2022 electronic Medication Administration Record (eMAR) revealed: -There was a hand-written entry to check fingerstick blood sugars (FSBS) once daily scheduled at 8:00am. -The FSBS readings ranged from 71 to 237. Review of Resident #3's March 2022 eMAR revealed: -There was a hand-written entry to check FSBS once daily scheduled at 8:00am. -The FSBS readings ranged from 143 to 200. Observation of the snack served to Resident #3 on 03/31/22 at 11:00am revealed: -Resident #3 was served approximately one-half cup of reduced fat ice cream. -The ice cream contained 15 grams of total carbohydrates and 10 grams of sugar per one-half cup. Observation of the lunch meal service on 03/31/22 from 12:30pm through 12:50pm revealed Resident #3 was served 2 slices of pepperoni pizza from a local pizza restaurant, 3 chocolate cookies, a small tossed salad, a glass of water, and a glass of sweet tea. Interview with the MA/RCC on 03/31/22 at 12:55pm revealed Resident #3 was not offered sugar free snacks, dessert, or drinks because she would not eat or drink the sugar free options. Interview with Resident #3's physician on 03/31/2022 at 4:25pm revealed:	{D 310}		

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{D 310}	Continued From page 5 -There was a discussion "at some point" with the RCC regarding changing Resident #3 from a NCS diet to a regular diet but it was never ordered because he wanted to have bloodwork drawn to check Resident #3's A1C (a blood test that measures the average blood glucose levels over a 3 month period). -No follow-up call was made by the facility to clarify or change Resident #3's diet after the initial discussion. -Resident #3 would benefit from being served a NCS diet to control her FSBS and he expected the facility to follow therapeutic diet orders. Interview with Resident #3 on 03/31/2022 at 5:25pm revealed: -Resident #3 does not want to be on a special diet. -Resident #3 is willing to sign a paper indicating refusal to comply with a NCS diet. Interview with the MA/RCC on 04/01/22 at 3:41pm revealed. -No residents were ordered a therapeutic diet. -He had not updated the facility diet list since last year. -He, the assistant Administrator or Administrator were responsible for notifying the physician if a resident was not following the physician ordered diet. -The physician knew Resident #3 was noncompliant with the ordered NCS diet and he thought the physician had changed Resident #3's diet to a regular diet. -He should have documented on the MAR when Resident #3 was noncompliant with her NCS diet, but he did not. -He had a therapeutic diet notebook with instructions for all therapeutic diets including NCS diet.	{D 310}		

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{D 310}	Continued From page 6 Interview with the Administrator on 04/01/22 at 3:46pm revealed: -She did not know Resident #3 had a NCS diet ordered. -She thought the physician had changed the resident to a regular diet. -She or the MA/RCC were responsible for updating the therapeutic diet list and making sure orders were completed. -She or the MA/RCC were responsible for notifying the physician if a resident was not following the physician ordered diet. -The facility offered sugar-free food and drink items to Resident #3. -She expected the staff to follow physician ordered therapeutic diets.	{D 310}		