| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | (X2) MULTIPLE CONSTRUCTION | (X3) DATE SURVEY COMPLETED |
|---|---|---|---|
| | FCL033006 | A. BUILDING: _____ B. WING _____ | R 09/22/2022 |

| NAME OF PROVIDER OR SUPPLIER | STREET ADDRESS, CITY, STATE, ZIP CODE |
|---|---|
| YOUR LOVING FAMILY CARE HOME I | 730 MARIGOLD STREET ROCKY MOUNT, NC 27801 |

| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) | (X5) COMPLETE DATE |
|---|---|---|---|---|
| C 000 | Initial Comments<br><br>The Adult Care Licensure Section conducted an annual and follow-up survey on 09/22/22. | C 000 | | |
| C 270 | 10A NCAC 13G .0904 (c-7) Nutrition And Food Service<br><br>10A NCAC 13G .0904 Nutrition And Food Service<br><br>Menus in Family Care Homes:<br><br>(7) The facility shall have a matching therapeutic diet menu for all physician-ordered therapeutic diets for guidance of food service staff.<br><br>This Rule is not met as evidenced by:<br>Based on observation, record reviews, and interview, the facility failed to have a matching menu for 1 of 1 sampled residents (#1) on a modified diet for guidance of food service staff related to a cardiac (heart healthy) diet.<br><br>The findings are:<br><br>Review of Resident #1's current FL-2 dated 01/19/22 revealed:<br>-Diagnoses included pure hypercholesterolemia, asthma, dementia, depression, hypertension and coronary artery disease.<br>-His nutrition status was a cardiac diet.<br><br>Review of Resident #1's Resident Register revealed an admission date of 01/19/21.<br><br>Review of Resident #1's Care Plan dated 01/18/22 revealed his diet restrictions was a cardiac diet.<br><br>Review of Resident #1's visit summary report with his primary care provider (PCP) dated 04/26/22 | C 270 | | |

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|---|---|---|---|---|
| C 270 | Continued From page 1 | C 270 | | |

revealed:
-There was a recommendation for healthy plate meals with ½ vegetables, ¼ lean protein, and ¼ starch.
-The was a note that a low cholesterol diet was reviewed.

Review of Resident #1's visit summary with his pulmonologist dated 05/26/22 revealed:
-Resident #1 should continue to follow a low fat and low cholesterol diet.
-Avoid salts in diet, including processed and canned foods.

Review of menus maintained in the facility kitchen revealed:
-There was a menu for a regular diet.
-There was a matching menu for a 4-gram sodium diet.
-There was a matching menu for a 2-gram sodium.
-There was a matching menu for a 1-gram sodium diet.
-There was a matching menu for a mechanical soft diet.
-There was a matching menu for a low/fat cholesterol diet.
-There was a matching menu for a renal diet.

Review of the menu to be served for 09/22/22 revealed:
-The menu was for a regular diet.
-There was an entry for beef vegetable soup.
-There was an entry for a lean ham and swiss cheese sandwich with mayonnaise on 2 slices of rye bread.
-There was an entry for a pickle.
-There was an entry for sliced tomato salad.
-There was an entry for 2 small plums.
-There was an entry for a beverage.

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| C 270 | Continued From page 2<br>-There was no matching menu for a cardiac diet for Resident #1.<br><br>Observation of the lunch meal on 09/22/22 at 11:30am revealed:<br>-Resident #1 ate 100% of the lunch meal provided at the facility according to the regular diet.<br>-The lunch meal included a ham and turkey sandwich with cheese and mayonnaise on 2 slices of white bread.<br>-The lunch meal included a bowl of vegetable soup.<br>-The lunch meal included a sliced tomato.<br>-The lunch meal included water and an orange drink.<br><br>Interview with the Administrator on 09/22/22 at 12:15pm revealed:<br>-She was not aware that Resident #1 was on a cardiac diet.<br>-She was not aware of what a cardiac diet was.<br>-She usually accompanied Resident #1 to his appointments with his PCP.<br>-She did not recall the PCP mentioning that Resident #1 was on a cardiac diet.<br>-She reviewed the FL-2 and the Care Plan, but did not recall seeing a cardiac diet listed for Resident #1.<br>-It was her responsibility to clarify diet orders with Resident #1's PCP.<br>-It was important for Resident #1 to follow the diet as ordered for his health. | C 270 | | |