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	HAL086015	A. BUILDING: _____ B. WING _____	07/12/2023

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
YADKIN VALLEY SENIOR LIVING	500 JOHNSON RIDGE ROAD ELKIN, NC 28621

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
D 000	Initial Comments The Adult Care Licensure Section conducted an annual survey on July 11, 2023 and July 12, 2023 with a telephone exit on July 12, 2023.	D 000	Administrator reviewed current therapeutic menus and recipes with Dietary Manager. Each new menu cycle will be obtained from US Food Service or current vendor prior to launch. The administrator will bind menus and train current and upcoming staff on proper execution of menu including any dietary changes and will review those changes with the ordering provider of current residents.	7/15/23 7/15/23 and on-going
D 296	10A NCAC 13F .0904(c)(7) Nutrition And Food Service 10A NCAC 13F .0904 Nutrition And Food Service (c) Menus in Adult Care Homes: (7) The facility shall have a matching therapeutic diet menu for any resident's physician-ordered therapeutic diet for guidance of food service staff. This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to have matching therapeutic diet menus for food service guidance for 3 of 5 sampled residents (#1, #2, and #6) with physician's orders for a mechanical soft (MS) diet with ground meats (#1), a no concentrated sweets (NCS) diet (#2), and a MS diet with chopped meats (#6). The findings are: 1. Review of Resident #1's current FL2 dated 04/26/23 revealed: -Diagnoses included heart disease, down syndrome, and hypocalcemia, and arthritis. -There was no diet order listed. Review of Resident #1's therapeutic diet orders dated 06/07/23 revealed an order for a regular	D 296	Met with PCP and new diet orders were issued to match and comply with current therapeutic diet orders provided by US Foods. This will be monitored monthly with Administrator or her designee for new admissions and updated as required to keep in congruance with therapeutic diets offered on current menus. Additional training will be conducted with Dietary Staff on understanding the menu, prep of menu and therapeutic diets. This will also be part of orientation for all new dietary employees. Training will be conducted by Administrator or her designee. Administrator or Designee will now monitor/ Audit weekly therapeutic diets until compliance is established then will continue on a monthly basis.	7/25/23 and on-going Intial training to be completed by 8/30/23 and will be on-going for new staff. To begin week of 7/31/23 and will be on-going

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE — TITLE: COO — (X6) DATE: 7/26/23

Reviewed and acknowledged 07/28/23.

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mechanical soft diet with ground meats.

Review of the undated therapeutic diet list written on a white board in the kitchen revealed Resident #1 was list under the title of ground meats.

Review of a document available in the kitchen area revealed no seeds, nuts, dried and raw fruit with tough skins, raw veggies, chewy candies, potato skins, or dry/crusty bread were to be served to residents who had physician's orders for a MS diet with ground meats.

Observation of the lunch meal service on 07/11/23 between 12:00pm and 12:53pm revealed:
-Resident #1 was served ground hamburger steak with gravy, mashed potatoes, stewed tomatoes, and applesauce.
-Resident #1 consumed 25% of the meal.
-It could not be determined if Resident #1 was served the correct therapeutic diet due to a MS with ground meats menu was not available for staff guidance.

Interview with Resident #1's primary care provider (PCP) on 07/11/23 at 4:49pm revealed:
-Resident #1 had an order for a MS diet with ground meats because the resident had issues with dysphagia.
-She expected Resident #1 to be served meals according to the therapeutic diet menu for a MS diet with ground meats.

Interview with a dietary staff on 07/12/23 at 8:14am revealed:
-There were no therapeutic menus for a MS diet with ground meats.
-She used the regular menu when preparing meals for MS diets with ground meats and would

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ground the meats instead of serving whole meats.
-She referenced the document posted in the kitchen to see what items residents with orders for MS diets with ground meats could not have.
-She did not know there should have been a menu available for a MS diet with ground meats.

Interview with the Dietary Manager (DM) on 07/12/23 at 8:19am revealed:
-There were no therapeutic diet menus available for a MS diet with ground meats.
-She did not know she needed a menu for a MS diet with ground meats.
-She thought she could use the regular menus and just grind the meats.
-She used the regular menus along with referencing the document posted in the kitchen that described what residents with orders for MS diets with ground meats could not be served.

Based on observations, record reviews, and interviews, it was determined Resident #1 was not interviewable.

Refer to the interview with the Resident Care Coordinator (RCC) on 07/12/23 at 8:31am.

Refer to the telephone interview with the Administrator on 07/12/23 at 2:39pm.

2. Review of Resident #2's current FL2 dated 04/26/23 revealed:
-Diagnoses included diabetes mellitus.
-There was not a diet order listed.

Review of Resident #2's therapeutic diet orders dated 03/01/23 revealed an order for a NCS diet.

Review of the undated therapeutic diet list written

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on a white board in the kitchen revealed Resident #2 was list under the title of NCS.

Observation of the lunch meal service on 07/11/23 between 12:00pm and 12:53pm revealed:
-Resident #1 was served hamburger steak with gravy, mashed potatoes, stewed tomatoes, a roll, and applesauce.
-Resident #1 consumed 75% of the meal.
-It could not be determined if Resident #1 was served the correct therapeutic diet due to a NCS menu was not available for staff guidance.

Interview with Resident #2 during the tour of the facility on 07/11/23 at 9:11am revealed:
-She was not served a special diet.
-She was diabetic, but she received the same food items as the other residents including desserts.

Interview with Resident #2's primary care provider (PCP) on 07/11/23 at 4:49pm revealed:
-Resident #2 had an order for a NCS diet because of her diagnosis of diabetes mellitus.
-She expected Resident #2 to be served meals according to the therapeutic diet menu for a NCS diet.

Interview with a dietary staff on 07/12/23 at 8:14am revealed:
-There were no therapeutic menus available for a NCS diet.
-She used the regular menu when preparing meals for a NCS diet.
-There was no reference available for what residents with orders for a NCS diet could not be served.
-She did not know there should have been a menu available for a NCS diet.

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D 296	Continued From page 4 Interview with the Dietary Manager (DM) on 07/12/23 at 8:19am revealed: -There were no menus available for a NCS diet. -She did not know she needed a menu for a NCS diet. -She thought she could use the regular menus and exclude food items that contained sugar. -She did not serve sugary beverages or desserts to residents who had orders for a NCS diet. Refer to the interview with the Resident Care Coordinator (RCC) on 07/12/23 at 8:31am. Refer to the telephone interview with the Administrator on 07/12/23 at 2:39pm. 3. Review of Resident #6's current FL2 dated 05/04/23 revealed: -Diagnoses included neuropathy and pain in foot. -There was no diet order listed. Review of Resident #6's therapeutic diet orders dated 06/07/23 revealed an order for a regular MS diet with chopped meats. Review of the undated therapeutic diet list written on a white board in the kitchen revealed Resident #2 was listed under the title of chopped. Review of a document available in the kitchen area revealed no seeds, nuts, dried and raw fruit with tough skins, raw veggies, chewy candies, potato skins, or dry/crusty bread were to be served to residents who had physician's orders for a MS diet with chopped meats. Observation of the lunch meal service on 07/11/23 between 12:00pm and 12:53pm revealed:	D 296		

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D 296	Continued From page 5 -Resident #1 was served chopped hamburger steak with gravy, mashed potatoes, stewed tomatoes, a roll, and applesauce. -Resident #1 consumed 75% of the meal. -It could not be determined if Resident #1 was served the correct therapeutic diet due to a MS with ground meats menu was not available for staff guidance. Interview with Resident #6's primary care provider (PCP) on 07/11/23 at 4:49pm revealed: -Resident #6 had an order for a MS diet with chopped meats because he had two strokes and dysphagia. -She expected Resident #6 to be served meals according to the therapeutic diet menu for a mechanical soft diet with chopped meats. Interview with Resident #5 on 07/12/23 at 8:54am revealed: -He was not on a special diet, but staff cut his meats up. -Other than his meats being cut up, he received the same meals as the other residents. Interview with a dietary staff on 07/12/23 at 8:14am revealed: -There were no therapeutic menus for a MS diet with chopped meats. -She used the regular menu when preparing meals for MS diets with chopped meats and chopped the meats instead of serving whole meats. -She referenced the document posted in the kitchen to see what items residents with orders for MS diets with chopped meats could not have. -She did not know there should have been a menu available for a MS diet with ground chopped.	D 296		

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D 296	Continued From page 6 Interview with the Dietary Manager (DM) on 07/12/23 at 8:19am revealed: -There were no therapeutic menus available for a MS diet with chopped. -She did not know she needed a menu for a MS diet with chopped meats. -She thought she could use the regular menus and just chop the meats. -She used the regular menus along with the referencing the document posted in the kitchen that described what residents with orders for MS diets with chopped meats could not be served. Refer to the interview with the Resident Care Coordinator (RCC) on 07/12/23 at 8:31am. Refer to the telephone interview with the Administrator on 07/12/23 at 2:39pm. _____ Interview with the Resident Care Coordinator (RCC) on 07/12/23 at 8:31am revealed: -She did not know there were menus not available for all therapeutic diets. -She updated diet order sheets and provided them to the dietary staff, but she did not know about menus. -The Administrator was responsible for ensuring menus were available for dietary staff for guidance in food preparation for therapeutic diets. Telephone interview with the Administrator on 07/12/23 at 2:39pm revealed: -She knew the facility needed therapeutic diet menus available for staff guidance each therapeutic diet ordered for residents in the facility. -The facility had therapeutic diet menus available, but she did not know the therapeutic menus did not include MS diets with ground meats, NCS diets, or MS diets with chopped meats.	D 296		

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D 296	Continued From page 7 -She was responsible for ensuring therapeutic menus were available for staff guidance in preparing meals for all therapeutic diets.	D 296		