

Division of Health Service Regulation

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| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>HAL011296</b>          | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING: _____<br><br>B. WING: _____                                                   | (X3) DATE SURVEY<br>COMPLETED<br><br><b>R</b><br><b>01/04/2024</b> |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>WINDWOOD ASSISTED LIVING</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>6 WINDWOOD DRIVE<br/>CANDLER, NC 28715</b> |                                                                                                                          |                                                                    |
| (X4) ID<br>PREFIX<br>TAG                                            | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | ID<br>PREFIX<br>TAG                                                                    | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY) | (X5)<br>COMPLETE<br>DATE                                           |
| {D 000}                                                             | Initial Comments<br><br>The Adult Care Licensure Section and the Buncombe County Department of Social Services conducted a follow up survey on 01/03/24 - 01/04/24 with an exit conference via telephone on 01/04/24.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | {D 000}                                                                                |                                                                                                                          |                                                                    |
| {D 358}                                                             | 10A NCAC 13F .1004(a) Medication Administration<br><br>10A NCAC 13F .1004 Medication Administration<br>(a) An adult care home shall assure that the preparation and administration of medications, prescription and non-prescription, and treatments by staff are in accordance with:<br>(1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and<br>(2) rules in this Section and the facility's policies and procedures.<br><br>This Rule is not met as evidenced by:<br>FOLLOW-UP TO TYPE A1 VIOLATION<br><br>The Type A1 Violation is abated. Non-compliance continues.<br><br>Based on interviews and record reviews, the facility failed to ensure medications were administered as ordered for 2 of 3 sampled residents (#1 and #3) related to a medication to treat diabetes (#1), and a hormone supplement (#3).<br><br>The findings are:<br><br>Review of the facility's undated Medication Administration Policy and Procedure on 01/03/24 revealed medications, prescription and non-prescription, and treatments, would be administered in accordance with the prescribing | {D 358}                                                                                |                                                                                                                          |                                                                    |

Division of Health Service Regulation

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Division of Health Service Regulation

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| {D 358}                                                             | <p>Continued From page 1</p> <p>practitioner's orders.</p> <p>1. Review of Resident #1's current FL2 dated 09/14/22 revealed diagnoses included diabetes.</p> <p>Review of Resident #1's physician's orders dated 09/20/23 revealed Aspart insulin (medication used to treat diabetes) inject sliding scale insulin (SSI) 4 times daily with meals and at bedtime; for finger stick blood sugar (FSBS) parameters of 151-200 = 1 unit, 201-250 = 2 units, 251-300 = 3 units, 301-350 = 4 units, 351-400 = 5 units, greater than 400 give 0 units and call physician for instructions.</p> <p>Review of Resident #1's physician's orders dated 10/20/23 revealed additional Aspart insulin for FSBS parameters of 401-450 = 6 units, 451-500 = 7 units, and greater than 501 send to the ED.</p> <p>Review of Resident #1's medication administration record (MAR) for December 2023 revealed:</p> <p>-There was an entry for Aspart insulin inject 4 times daily with meals and at bedtime for finger stick blood sugar (FSBS) parameters 151-200 = 1 unit, 201-250 = 2 units, 251-300 = 3 units, 301-350 = 4 units, 351-400 = 5 units, 401-450 = 6 units, 451-500 = 7 units, and greater than 501 send to the emergency department (ED), with administration times of 8:00am, 12:00pm, 4:00pm, and 8:00pm.</p> <p>-There was documentation of a FSBS of 147 on 12/03/23 at 4:00pm and 1 unit of insulin was administered (no SSI should have been administered).</p> <p>-There was documentation of a FSBS of 56 on 12/04/23 at 4:00pm and 6 units of insulin was administered (no SSI should have been administered).</p> | {D 358}                                                                                |                                                                                                                          |                                                                    |

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| {D 358}                                                             | Continued From page 2<br><br>-There was documentation of a FSBS of 154 on 12/08/23 at 12:00pm and 2 units of insulin was administered (1 unit should have been administered).<br>-There was documentation of a FSBS of 256 on 12/09/23 at 8:00pm and 2 units of insulin was administered (3 units should have been administered).<br>-There was documentation of a FSBS of 215 on 12/18/23 at 12:00pm and no insulin was administered (2 units should have been administered).<br>-There was documentation of a FSBS of 232 on 12/18/23 at 8:00pm and 3 units of insulin was administered (2 units should have been administered).<br>-There was documentation of a FSBS of 344 on 12/19/23 at 8:00am and 5 units of insulin was administered (4 units should have been administered).<br>-There was documentation of a FSBS of 206 on 12/21/23 at 8:00am and 1 unit of insulin was administered (2 units should have been administered).<br>-There was documentation of a FSBS of 206 on 12/21/23 at 12:00pm and 1 unit of insulin was administered (2 units should have been administered).<br>-There was documentation of a FSBS of 292 on 12/21/23 at 4:00pm and 1 unit of insulin was administered (3 units should have been administered).<br>-There was documentation of a FSBS of 191 on 12/21/23 at 8:00pm and 3 units of insulin was administered (1 unit should have been administered).<br>-There was documentation of a FSBS of 201 on 12/22/23 at 4:00pm and 1 unit of insulin was administered (2 units should have been administered). | {D 358}                                                                                |                                                                                                                          |                                                                    |

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| {D 358}                                                             | <p>Continued From page 3</p> <p>-There was documentation of a FSBS of 204 on 12/22/23 at 8:00pm and 1 unit of insulin was administered (2 units should have been administered).</p> <p>-There was documentation of a FSBS of 232 on 12/23/23 at 8:00pm and 3 units of insulin was administered (2 units should have been administered).</p> <p>-There was documentation of a FSBS of 219 on 12/25/23 at 12:00pm and 1 unit of insulin was administered (2 units should have been administered).</p> <p>-There was documentation of a FSBS of 116 on 12/29/23 at 8:00pm and 1 unit of insulin was administered (no SSI should have been administered).</p> <p>-There were 98 instances of the FSBS reading being 151 or greater between 12/01/23 - 12/31/23 with 13 doses of Aspart SSI documented as administered incorrectly.</p> <p>-There were 21 instances of the FSBS reading being 150 or less between 12/01/23 - 12/31/23 with 3 doses of Aspart SSI documented as administered when no SSI should have been administered.</p> <p>Observation of Resident #3's medications available for administration on 01/03/24 at 11:12am revealed there was one tube of estradiol cream with 2/3 of the cream left in the tube.</p> <p>Interview with the Resident Care Coordinator (RCC) on 01/03/24 at 2:14pm revealed:</p> <p>-She was trained to read the SSI to determine the dose of insulin to administer.</p> <p>-She did not know why she administered incorrect doses of SSI to Resident #1.</p> <p>-She may have incorrectly read the SSI.</p> <p>-She always read the order after obtaining the FSBS reading and wrote down how much SSI to</p> | {D 358}                                                                                |                                                                                                                          |                                                                    |

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| {D 358}                                                             | <p>Continued From page 4</p> <p>administer.</p> <p>Interview with the medication aide (MA) on 01/03/24 at 2:20pm revealed:</p> <ul style="list-style-type: none"> <li>-She knew how much SSI to administer based on the FSBS readings.</li> <li>-She might have written down how much she administered incorrectly.</li> <li>-She would converse with Resident #1 during the FSBS checks and inform him how much SSI she would administer.</li> </ul> <p>Interview with the Administer on 01/03/24 at 2:31pm revealed:</p> <ul style="list-style-type: none"> <li>-The MAs were trained to administer the SSI based on the FSBS readings.</li> <li>-The facility's contracted nurse reviewed the MARs and should have "caught that".</li> <li>-She did not know why the MAs administered the SSI incorrectly.</li> </ul> <p>Telephone interview with a Registered Nurse (RN) at a local diabetic clinic on 01/03/24 at 2:41pm revealed:</p> <ul style="list-style-type: none"> <li>-Resident #1 was assessed at the diabetic clinic by the physician every 4 -6 months.</li> <li>-The clinic received multiple phone calls from staff at the facility during the month of December 2023 with questions regarding Resident #1's FSBS readings.</li> <li>-The physician at the diabetic clinic gave strict orders about the SSI and instructed staff to telephone Resident #1's primary care provider (PCP) for any other questions.</li> </ul> <p>Telephone interview with the facility's contracted RN on 01/04/24 at 11:17am revealed:</p> <ul style="list-style-type: none"> <li>-She went to the facility every two weeks to review MARs, physician orders, and conduct medication cart audits.</li> </ul> | {D 358}                                                                       |                                                                                                                          |  |                                                                    |

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| {D 358}                                                             | <p>Continued From page 5</p> <p>-She did not review Resident #1's FSBS readings or insulin administered when she was last in the facility on 12/28/23.</p> <p>-She conducted multiple trainings since October 2023 with the staff in the facility regarding Resident #1's SSI because staff administered the SSI incorrectly.</p> <p>-She did not know why staff administered incorrect doses of SSI to Resident #1.</p> <p>Interview with Resident #1 on 01/03/24 at 11:17am revealed:</p> <p>-Staff checked his FSBS readings and administered his SSI.</p> <p>-He thought staff was administering the correct doses of SSI.</p> <p>Attempted telephone interviews with Resident #1's PCP on 01/03/24 at 2:40pm and 01/14/24 at 9:37am were unsuccessful.</p> <p>2. Review of Resident #3's current FL2 dated 12/08/23 revealed diagnoses included hypertension and history of urinary tract infection.</p> <p>Review of physician's orders for Resident #3 dated 12/08/23 revealed estradiol (hormone supplement) 0.01% cream apply 1 gram vaginally Monday, Wednesday, and Friday for 21 days hold for 7 days, and repeat cycle.</p> <p>Review of Resident #3's electronic Medication Administration Record (eMAR) for 12/01/23 - 12/31/23 revealed:</p> <p>-The was an entry for estradiol 0.01% cream apply 1 gram vaginally Monday, Wednesday, and Friday for 21 days, withhold for 7 days, and repeat cycle, with an administration time of 8:00am.</p> <p>-There was documentation the estradiol 0.01%</p> | {D 358}                                                                                |                                                                                                                          |                                                                    |

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| {D 358}                                                             | <p>Continued From page 6</p> <p>cream was administered on 12/05/23, 12/10/23, 12/15/23, 12/20/23, and 12/25/23 (every 5 days) at 8:00am.</p> <p>Review of Resident #3's electronic Medication Administration Record (eMAR) for 01/01/24 - 01/03/24 revealed:</p> <ul style="list-style-type: none"> <li>-The was an entry for estradiol 0.01% cream apply 1 gram vaginally Monday, Wednesday, and Friday for 21 days, withhold for 7 days, and repeat cycle, with an administration time of 8:00am.</li> <li>-There was no documentation the estradiol was administered on 01/01/24 or 01/03/24.</li> </ul> <p>Interview with a representative from the facility's contracted pharmacy on 01/03/24 at 11:50am revealed:</p> <ul style="list-style-type: none"> <li>-The pharmacy received an original order for estradiol 0.01% cream apply 1 gram vaginally Monday, Wednesday, and Friday for 21 days, withhold for 7 days, and repeat cycle on 07/18/23.</li> <li>-The pharmacy dispensed 9 grams of the estradiol cream on 07/18/23 which would last 5 months and it should have been refilled.</li> </ul> <p>Interview with the Resident Care Coordinator (RCC) on 01/03/24 at 2:45pm revealed:</p> <ul style="list-style-type: none"> <li>-She was responsible for reviewing the eMARS monthly to ensure they were correct.</li> <li>-She usually reviewed them between the 1st and 6th of every month.</li> <li>-She missed the error with the administration days of the estradiol cream.</li> </ul> <p>Interview with the Administrator on 01/03/24 at 11:08am revealed:</p> <ul style="list-style-type: none"> <li>-The RCC was responsible for reviewing the eMARs to ensure they matched the physician's orders.</li> </ul> | {D 358}                                                                       |                                                                                                                          |  |                                                                    |

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| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>HAL011296</b>          | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING: _____<br><br>B. WING: _____                                                   | (X3) DATE SURVEY<br>COMPLETED<br><br><b>R</b><br><b>01/04/2024</b> |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>WINDWOOD ASSISTED LIVING</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>6 WINDWOOD DRIVE<br/>CANDLER, NC 28715</b> |                                                                                                                          |                                                                    |
| (X4) ID<br>PREFIX<br>TAG                                            | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | ID<br>PREFIX<br>TAG                                                                    | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY) | (X5)<br>COMPLETE<br>DATE                                           |
| {D 358}                                                             | Continued From page 7<br><br>-The RCC should have notified the pharmacy to verify the order and rewritten it on the eMAR correctly.<br><br>Interview with Resident #3 on 01/03/24 at 2:12pm revealed:<br>-She could have the estradiol cream if she asked staff, but she had not asked in 3 or 4 months.<br>-She did not know the physician wanted her to have the estradiol cream 3 times a week and she would be ok with that.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | {D 358}                                                                                |                                                                                                                          |                                                                    |
| {D 367}                                                             | 10A NCAC 13F .1004(j) Medication Administration<br><br>10A NCAC 13F .1004 Medication Administration (j) The resident's medication administration record (MAR) shall be accurate and include the following:<br>(1) resident's name;<br>(2) name of the medication or treatment order;<br>(3) strength and dosage or quantity of medication administered;<br>(4) instructions for administering the medication or treatment;<br>(5) reason or justification for the administration of medications or treatments as needed (PRN) and documenting the resulting effect on the resident;<br>(6) date and time of administration;<br>(7) documentation of any omission of medications or treatments and the reason for the omission, including refusals; and,<br>(8) name or initials of the person administering the medication or treatment. If initials are used, a signature equivalent to those initials is to be documented and maintained with the medication administration record (MAR).<br><br>This Rule is not met as evidenced by: | {D 367}                                                                                |                                                                                                                          |                                                                    |

Division of Health Service Regulation

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| NAME OF PROVIDER OR SUPPLIER<br><br><b>WINDWOOD ASSISTED LIVING</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                               | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>6 WINDWOOD DRIVE<br/>CANDLER, NC 28715</b>                                   |                          |                                                                    |
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| {D 367}                                                             | <p>Continued From page 8</p> <p>FOLLOW UP TO TYPE B VIOLATION</p> <p>The Type B Violation was abated.<br/>Non-compliance continues.</p> <p>Based on interviews and record reviews, the facility failed to ensure the electronic medication administration record (eMAR) was accurate for 1 of 3 sampled residents (#3) related to a hormone supplement.</p> <p>The findings are:</p> <p>Review of Resident #3's current FL2 dated 12/08/23 revealed diagnoses included hypertension and history of urinary tract infection.</p> <p>Review of physician's orders for Resident #3 dated 12/08/23 revealed estradiol (hormone supplement) 0.01% cream apply 1 gram vaginally Monday, Wednesday, and Friday for 21 days then hold for 7 days and then repeat cycle.</p> <p>Review of Resident #3's electronic Medication Administration Record (eMAR) for 12/01/23 - 12/31/23 revealed:</p> <ul style="list-style-type: none"> <li>-The was an entry for estradiol 0.01% cream apply 1 gram vaginally Monday, Wednesday, and Friday for 21 days then withhold for 7 days and then repeat cycle.</li> <li>-There was an entry for an administration time of 8:00am on Wednesday and Friday with dates for administration of 12/05/23, 12/10/23, 12/15/23, 12/20/23, 12/25/23, and 12/30/23 (every 5 days).</li> </ul> <p>Review of Resident #3's electronic Medication Administration Record (eMAR) for 01/01/24 - 01/03/24 revealed:</p> <ul style="list-style-type: none"> <li>-The was an entry for estradiol 0.01% cream apply 1 gram vaginally Monday, Wednesday, and</li> </ul> | {D 367}                                                                       |                                                                                                                          |                          |                                                                    |

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| {D 367}                                                             | <p>Continued From page 9</p> <p>Friday for 21 days then withhold for 7 days and then repeat cycle.</p> <p>-There was an entry for an administration time of 8:00am on Wednesday and Friday with an "x" on 01/01/24, 01/02/24, and 01/03/24.</p> <p>Interview with a representative from the facility's contracted pharmacy on 01/03/24 at 11:50am revealed:</p> <p>-The pharmacy received an original order for estradiol 0.01% cream apply 1 gram vaginally Monday, Wednesday, and Friday for 21 days then withhold for 7 days and then repeat cycle on 07/18/23.</p> <p>-The pharmacy made an error with the estradiol administration days on the MAR.</p> <p>Interview with the Resident Care Coordinator (RCC) on 01/03/24 at 2:45pm revealed:</p> <p>-She was responsible for reviewing the eMARS monthly to ensure they were correct.</p> <p>-She usually reviewed them between the 1st and 6th of every month.</p> <p>-She missed the error with the administration days of the estradiol cream.</p> <p>Interview with the Administrator on 01/03/24 at 11:08am revealed:</p> <p>-The RCC was responsible for reviewing the eMARs to ensure they matched the physician's orders.</p> <p>-The RCC should have notified the pharmacy to verify the order and rewritten it on the eMAR correctly.</p> | {D 367}                                                                       |                                                                                                                          |                          |                                                                    |