

Division of Health Service Regulation

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| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>HAL081007</b>                    | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING: <b>01</b><br><br>B. WING _____                                                | (X3) DATE SURVEY<br>COMPLETED<br><br><b>02/27/2024</b> |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>RESTWELL HOME</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>401 US 221 S HIGHWAY<br/>RUTHERFORDTON, NC 28139</b> |                                                                                                                          |                                                        |
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| C 000                                                    | Initial Comments<br><br>Report of Biennial Construction Survey by<br>Suzanna Fay conducted on February 27, 2024.<br><br>Records indicate that this facility was first<br>licensed or submitted on June 1, 1985 for the<br>current licensed capacity of 20 residents.<br>However, the owner of the facility indicated the<br>facility was built and began operation in 1954.<br>Based on this information, the facility is required<br>to meet the 1971 Minimum and Desired<br>Standards and Regulations for Homes for the<br>Aged and Infirm, the applicable portions of the<br>current 2005 Rules for Adult Care Home of Seven<br>or More Beds and the 1967 NC State Building<br>Code for Institutional Occupancy.<br><br>Deficiencies were cited and a Plan of Corrections<br>is required. | C 000                                                                                            |                                                                                                                          |                                                        |
| C 111                                                    | Must Have Current San. & Fire Safety Reports<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0302 DESIGN AND<br>CONSTRUCTION(<br>f) The facility shall have current sanitation and<br>fire and building safety inspection reports which<br>shall be maintained in the home and available for<br>review.<br><br>This Rule is not met as evidenced by:<br>1. Review of records revealed that the facility did<br>not have current fire and building safety<br>inspection reports maintained in the home and<br>available for review.<br><br>Findings on February 27, 2024:<br>a. A copy of the Fire Official's Inspection report<br>was not available for review.<br>b. A copy of the Fire Alarm System Inspection                                                                      | C 111                                                                                            |                                                                                                                          |                                                        |

Division of Health Service Regulation

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Division of Health Service Regulation

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| C 111                                                    | Continued From page 1<br><br>report was not available for review.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | C 111                                                                                            |                                                                                                                          |                                                        |
| C 134                                                    | Bathrooms-Roll-in Shower<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0305 PHYSICAL<br>ENVIRONMENT<br>(e) The requirements for bathrooms and toilet<br>rooms are:<br>(7) Each home shall have at least one bathroom<br>opening off the corridor with:<br>(A) a door of three feet minimum width;<br>(B) a three feet by three feet roll-in shower<br>designed to allow the staff to assist a resident in<br>taking a shower without the staff getting wet;<br>(C) a bathtub accessible on at least two sides;<br>(D) a lavatory; and<br>(E) a toilet.<br>(8) If the tub and shower are in separate rooms,<br>each room shall have a lavatory and a toilet;<br><br>This Rule is not met as evidenced by:<br>1. Observations revealed that the facility does<br>not have a bathtub in a bathroom opening off of<br>the corridor.<br><br>Findings on February 27, 2024:<br>a. None of the bathrooms had a bathtub. | C 134                                                                                            |                                                                                                                          |                                                        |
| C 164                                                    | Housekeeping and Furnishings-Clean, Repaired<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0306 HOUSEKEEPING AND<br>FURNISHINGS<br>(a) Adult care homes shall:<br>(1) have walls, ceilings, and floors or floor<br>coverings kept clean and in good repair;<br>(2) have no chronic unpleasant odors;<br>(3) have furniture clean and in good repair;                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | C 164                                                                                            |                                                                                                                          |                                                        |

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| C 164                                                    | Continued From page 2<br><br>(e) This Rule shall apply to new and existing facilities.<br><br>This Rule is not met as evidenced by:<br>1. Observations revealed that the floors were not kept in good repair.<br><br>Findings on February 27, 2024:<br>a. Small Shower Room - the floor around the toilet is soft and gives when pressure is applied.<br><br>2. Observations revealed that the furnishings were not kept in good repair. Loose handrails can cause an injury from a slip or fall.<br><br>Findings on February 27, 2024:<br>a. The handrail outside of the fifth room on the left is loose.                                                                                          | C 164                                                                                            |                                                                                                                          |                                                        |
| C 184                                                    | Fire Safety-Evacuation plan<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0309 PLAN FOR<br>EVACUATION<br>(a) A written fire evacuation plan (including a diagrammed drawing) which has the written approval of the local Code Enforcement Official shall be prepared in large print and posted in a central location on each floor of an adult care home. The plan shall be reviewed with each resident on admission and shall be a part of the orientation for all new staff.<br>(f) This Rule shall apply to new and existing facilities.<br><br>This Rule is not met as evidenced by:<br>1. Observations revealed that the facility did not have a diagrammed drawing of the evacuation | C 184                                                                                            |                                                                                                                          |                                                        |

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| C 184                                                    | Continued From page 3<br><br>plan posted in a central location.<br><br>Findings on February 27, 2024:<br>a. There was not an evacuation plan posted in<br>the facility.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | C 184                                                                                            |                                                                                                                          |                                                        |
| C 189                                                    | Building Equipment Maintained Safe, Operating<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0311 OTHER<br>REQUIREMENTS<br>(a) The building and all fire safety, electrical,<br>mechanical, and plumbing equipment in an adult<br>care home shall be maintained in a safe and<br>operating condition.<br>(k) This Rule shall apply to new and existing<br>facilities with the exception of Paragraph (e)<br>which shall not apply to existing facilities.<br><br>This Rule is not met as evidenced by:<br>1. Based on observation the facility did not<br>maintain electrical emergency/safety lighting<br>equipment in safe operating condition. Occupants<br>of the facility could be affected if the signs<br>indicating exit paths could not be seen in the<br>event of an emergency evacuation.<br><br>Findings on February 27, 2024:<br>a. Dining Foyer - the exit sign/emergency light did<br>not illuminate on test.<br>b. The emergency light outside of the fourth<br>bedroom on the left did not illuminate on test.<br><br>2. Based on observation there is a failure to<br>maintain the building's fire safety systems in a<br>safe condition. Holes or gaps at penetrations<br>through fire resistant rated ceilings could allow<br>fire and smoke to spread beyond the area of | C 189                                                                                            |                                                                                                                          |                                                        |

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| C 189                                                    | Continued From page 4<br><br>origin.<br><br>Findings on February 27, 2024:<br>a. Housekeeping/Electrical Room - the flange for<br>the water heater piping is loose leaving a gap in<br>the fire resistant rated ceiling.<br><br>3. Based on observation fire safety equipment<br>has not been inspected to assure it has been<br>maintained in a safe and operable condition.<br>Occupants of the facility could be affected if fire<br>safety equipment in the smoke compartment did<br>not operate when needed to provide fire<br>protection.<br><br>Findings on February 27, 2024:<br>a. Basement - the fire extinguisher has not been<br>serviced since 2020.                                         | C 189                                                                                            |                                                                                                                          |                                                        |
| C 199                                                    | Exhaust Ventilation<br><br>SECTION .0300 - PHYSICAL PLANT<br>10A NCAC 13F .0311 OTHER<br>REQUIREMENTS<br>(g) The spaces listed in this Paragraph shall be<br>provided with exhaust ventilation at the rate of<br>two cubic feet per minute per square foot. This<br>requirement does not apply to facilities licensed<br>before April 1, 1984, with natural ventilation in<br>these specified spaces:<br>(1) soiled linen storage;<br>(2) soil utility room;<br>(3) bathrooms and toilet rooms;<br>(4) housekeeping closets; and<br>(5) laundry area.<br>(k) This Rule shall apply to new and existing<br>facilities with the exception of Paragraph (e)<br>which shall not apply to existing facilities. | C 199                                                                                            |                                                                                                                          |                                                        |

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| C 199                                                    | Continued From page 5<br><br>This Rule is not met as evidenced by:<br>1. Observations revealed that the facility did not maintain exhaust ventilation in specified spaces. Lack of ventilation allows for the build up humidity that can cause mildew and slick areas and prevents the dissipation of odors.<br><br>Findings on February 27, 2024:<br>a. Shower Room near Bedroom 4 - the exhaust fan is not working. | C 199                                                                                            |                                                                                                                          |                                                        |