

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: FCL073011	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____		(X3) DATE SURVEY COMPLETED R 11/01/2024
NAME OF PROVIDER OR SUPPLIER GOLDEN YEARS FAMILY CARE HOME			STREET ADDRESS, CITY, STATE, ZIP CODE 410 MONTFORD DRIVE ROXBORO, NC 27573		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETE DATE
{C 000}	Initial Comments The Adult Care Licensure Section conducted a follow-up survey on 11/01/24.	{C 000}			
C 330	10A NCAC 13G .1004(a) Medication Administration 10A NCAC 13G .1004 Medication Administration (a) A family care home shall assure that the preparation and administration of medications, prescription and non-prescription and treatments by staff are in accordance with: (1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and (2) rules in this Section and the facility's policies and procedures. This Rule is not met as evidenced by: Based on observations, record reviews, and interviews, the facility failed to ensure medications were administered as ordered for 1 of 3 sampled residents (#1) related to a muscle relaxer. The findings are: Review of Resident #1's current FL2 dated 02/22/24 revealed diagnoses included morbid obesity, hyperlipidemia, and flank pain (back). Review of Resident #1's physician's order dated 08/20/24 revealed an order for methocarbamol 750mg (used to treat muscle spasms) 1 tablet 3 times daily as needed due to lumbar radiculopathy (pain radiating along the sciatic nerve). Review of Resident #1's medication administration record (MAR) for August 2024	C 330			

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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C 330	Continued From page 1 revealed: -There was a hand written entry for methocarbamol 750mg 1 tablet 3 times daily as needed. -There was documentation methocarbamol was administered 5 times on 08/21/24, 08/25/24, 08/27/24, 08/28/24, and 08/31/24. Review of Resident #1's MAR for September 2024 revealed: -There was a hand written entry for methocarbamol 750mg 1 tablet 3 times daily as needed. -There was documentation methocarbamol was administered 31 times from 09/01/24 to 09/22/24. Review of Resident #1's MAR for October 2024 revealed: -There was a hand written entry for methocarbamol 750mg 1 tablet 3 times daily as needed. -There was no documentation methocarbamol was administered. Observation of Resident #1's medication on hand on 11/01/24 at 11:04am revealed methocarbamol was not available for administration. Interview with Resident #1 on 11/01/24 at 11:52am revealed: -He had been having trouble with pain in his back for years. -His pain was currently a 7.5 out of 10. -Resident #1 had been having muscle spasms for about 2 years, but they had gotten worse over the last 3 to 4 months. -He saw his primary care provider (PCP) for the pain and muscle spasms in his back and she started him on a pain medication and referred him to an orthopedic specialist.	C 330			

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C 330	Continued From page 2 -The orthopedic specialist took him off one medication and started in him on methocarbamol in August 2024. -He did not remember if he was ever administered methocarbamol, he just knew the Administrator told him it was going to cost a lot of money. -He did not remember what the cost was, but he knew he did not have the money to pay. -He had not been back to the orthopedic specialist since August 2024. -He was currently not having muscle spasms in his back; the muscle spasms eased up this morning. Interview with a Supervisor-in-Charge (SIC) on 11/01/24 at 12:09pm revealed: -Resident #1's orthopedic specialist ordered him methocarbamol. -There was no fee for the methocarbamol when she filled it the first time. -When she requested to get the methocarbamol refilled, a pharmacy representative told her there would be a fee, but she did not remember what the fee was. -She called Resident #1's orthopedic specialist's office in September 2024 and spoke to a nurse who told her she would call back to let her know what to administered Resident #1, but the nurse never called her back. -She called Resident #1's orthopedic specialist's office at least twice in September 2024 and she never received clarification of what Resident #1 was expected to take instead of methocarbamol. -She talked to Resident #1's PCP while she was waiting to hear back from his orthopedic specialist, and the PCP told her to administer Tylenol and gabapentin. -She had not contacted Resident #1's orthopedic provider in October 2024.	C 330			

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C 330	Continued From page 3 -Resident #1 had not complained to her about having muscle spasms. Interview with the Administrator on 11/01/24 at 11:59am revealed: -Resident #1 was administered methocarbamol as a muscle relaxer. -Resident #1 was administered methocarbamol in August and September 2024. -She told Resident #1's PCP and his orthopedic specialist that he did not want to pay for the methocarbamol that was prescribed, but she did not remember the PCP's or orthopedic specialist's response. -Resident #1 did not complain to her about having muscle spasms. Attempted telephone interview with Resident #1's pharmacy on 11/01/24 at 11:44am was unsuccessful. Attempted telephone interview with Resident #1's PCP on 11/01/24 at 11:34am was unsuccessful. Attempted telephone interview with Resident #1's orthopedic specialist on 11/01/24 at 11:36am was unsuccessful.	C 330			