

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: HAL064033	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____	(X3) DATE SURVEY COMPLETED 03/14/2025
NAME OF PROVIDER OR SUPPLIER SPRING ARBOR OF ROCKY MOUNT		STREET ADDRESS, CITY, STATE, ZIP CODE 1251 S. WINSTEAD AVENUE ROCKY MOUNT, NC 27804		
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D 000	Initial Comments The Adult Care Licensure Section conducted an annual survey on 03/12/25 to 03/14/25.	D 000		
D 195	10A NCAC 13F .0608 (c-f) Staffing for Facilities With A Census Of 21 10A NCAC 13F .0608 Staffing for Facilities With A Census Of 21 Or More Residents (c) The aide shall provide personal care services and supervision needed by the residents. (d) Aides shall not provide housekeeping duties except: (1) Between the hours of 7:00 a.m. to 9:00 p.m.: (A) to prevent an accident or injury; (B) when occasionally attending to an individual resident housekeeping need; and (C) when the number of aides on duty exceeds the minimum required by Paragraph (a) of this Rule. (2) Between the hours of 9:00 p.m. to 7:00 a.m., as long as the housekeeping duties do not: (A) hinder the aide's care of residents or immediate response to resident calls; (B) do not disrupt the residents' normal lifestyles and sleeping patterns; and (C) do not take the aide out of view of where the residents are as the aide shall be prepared to care for the residents since that remains his or her primary duty. (e) Aides shall not be assigned food service duties except when providing assistance to individual residents who need help with eating and carrying plates, trays, or beverages to residents. (f) In addition to the staffing required for management and aide duties, there shall be additional staff to perform housekeeping and food service duties.	D 195		

Division of Health Service Regulation

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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D 195	Continued From page 1 Note: The following chart illustrates the required aide, supervisory and management staffing requirements for each eight-hour shift in facilities with a census of 21 or more residents according to Rules .0602, .0603, .0604, .0608, and .0609 of this Section. <table border="0"> <thead> <tr> <th>Bed Count</th> <th>Position</th> <th>Type</th> <th>First Shift</th> <th>Second Shift</th> <th>Third Shift</th> </tr> </thead> <tbody> <tr> <td>21 - 30</td> <td>Aide</td> <td></td> <td>16</td> <td>16</td> <td>8</td> </tr> <tr> <td></td> <td>Supervisor</td> <td>Not Required</td> <td>Not Required</td> <td>Not Required</td> <td></td> </tr> <tr> <td></td> <td>Administrator</td> <td>In the building, or within 500 feet and immediately available.</td> <td></td> <td></td> <td></td> </tr> <tr> <td>31-40</td> <td>Aide</td> <td></td> <td>16</td> <td>16</td> <td>16</td> </tr> <tr> <td></td> <td>Supervisor</td> <td>8* 8* In the building, or within 500 feet and immediately available.**</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>Administrator</td> <td>On call</td> <td></td> <td></td> <td></td> </tr> <tr> <td>41-50</td> <td>Aide</td> <td></td> <td>20</td> <td>20</td> <td>16</td> </tr> <tr> <td></td> <td>Supervisor</td> <td>8* 8* In the building, or within 500 feet and immediately available.**</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>Administrator</td> <td>On call</td> <td></td> <td></td> <td></td> </tr> <tr> <td>51-60</td> <td>Aide</td> <td></td> <td>24</td> <td>24</td> <td>16</td> </tr> <tr> <td></td> <td>Supervisor</td> <td>8* 8* In the building, or within 500 feet and immediately available.**</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>Administrator</td> <td>On call</td> <td></td> <td></td> <td></td> </tr> <tr> <td>61-70</td> <td>Aide</td> <td></td> <td>28</td> <td>28</td> <td>24</td> </tr> <tr> <td></td> <td>Supervisor</td> <td>8* 8* 4 hours within the facility/4 hours within 500 feet and immediately available.**</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>Administrator</td> <td>On call</td> <td></td> <td></td> <td></td> </tr> <tr> <td>71-80</td> <td>Aide</td> <td></td> <td>32</td> <td>32</td> <td>24</td> </tr> <tr> <td></td> <td>Supervisor</td> <td>8 8 4 hours within the facility/4 hours within 500 feet and immediately available.**</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>Administrator</td> <td>On call</td> <td></td> <td></td> <td></td> </tr> <tr> <td>81-90</td> <td>Aide</td> <td></td> <td>36</td> <td>36</td> <td>24</td> </tr> </tbody> </table>	Bed Count	Position	Type	First Shift	Second Shift	Third Shift	21 - 30	Aide		16	16	8		Supervisor	Not Required	Not Required	Not Required			Administrator	In the building, or within 500 feet and immediately available.				31-40	Aide		16	16	16		Supervisor	8* 8* In the building, or within 500 feet and immediately available.**					Administrator	On call				41-50	Aide		20	20	16		Supervisor	8* 8* In the building, or within 500 feet and immediately available.**					Administrator	On call				51-60	Aide		24	24	16		Supervisor	8* 8* In the building, or within 500 feet and immediately available.**					Administrator	On call				61-70	Aide		28	28	24		Supervisor	8* 8* 4 hours within the facility/4 hours within 500 feet and immediately available.**					Administrator	On call				71-80	Aide		32	32	24		Supervisor	8 8 4 hours within the facility/4 hours within 500 feet and immediately available.**					Administrator	On call				81-90	Aide		36	36	24	D 195		
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D 195	Continued From page 4 Review of the special care unit census on 03/13/25 revealed the census was 18 residents. Observation of the kitchen area on the special care unit (SCU) on 03/13/25 at 12:03pm revealed: -The was a mini kitchen equipped with two refrigerators, an industrial dishwasher, food preparatory table, microwave and a two compartment sink. -There was a heated protected food container placed on a food cart. Observation of the lunch meal on 03/13/25 at 12:12pm to 12:30pm revealed: -The medication aide (MA) removed the serving containers and placed the containers on the serving table. -The MA plated the food, and the personal care aide (PCA) served the food to the residents. -Although the SCU staff coached the residents to eat their meals, no feeding assistance was provided. Observation of the breakfast meal on 03/14/25 at 8:06am to 8:23am revealed: -There was a PCA plating and serving the breakfast meal to the residents. -Although the SCU staff coached the residents to eat their meals, no feeding assistance was provided. Observation of PCA on the SCU on 03/14/25 at 8:14am revealed: -The PCA who plated and served the residents their breakfast meal stacked the dishwasher with the food trays and other dishes. -The PCA also maintained the dining room with monitoring the residents.	D 195		

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D 195	Continued From page 5 Interview with a PCA on 03/13/25 at 12:03pm revealed: -The dietary staff brought the food over in heated container at each meal. -While one SCU staff plated the food, the other SCU staff served the meal to all of the residents. Interview with a MA on 03/13/25 at 12:12pm revealed: -She was working as a PCA on 03/13/25 and assisted with the residents' meals. -It was her responsibility to plate the residents' food and maintain the kitchen area on 03/13/25. -The PCA was responsible for plating and serving the residents' their meals and maintaining the SCU dining room. Interview with a second MA on 03/14/25 at 8:17am revealed: -She was working as a PCA on 03/14/25. -It was the responsibility for on SCU staff to prep the food and pass out the plates. -The dietary staff only transported the meal to the SCU. -The would be either a MA or PCA who cleaning the kitchen area and plated the food, while the other monitored the dining room and served the residents. Interview with a dietary cook on 03/14/25 at 8:24am revealed: -He prepared the meals for SCU by packing the food in the heated container and transporting the food to SCU kitchen. -The dietary staff plated the food for the SCU residents, but the SCU staff served the food to the residents. -He did not plate the food for the SCU on 03/14/25 because there was enough staff to plate	D 195		

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D 195	Continued From page 6 and serve the food to the residents. -He last plated food for the SCU residents about two weeks ago (no specific date was provided). Interview with the Dietary Manager on 03/13/25 at 12:31pm revealed: -The SCU staff always plated the food for the residents. -The dietary staff prepared, plated and placed all of the therapeutic meals in the heated container prior to transporting to the SCU. -The dietary staff was only responsible for preparing, packing and transporting the food to the SCU. -The dietary staff had never plated the food for the SCU residents. Interview with the Executive Director (ED) on 03/14/25 at 8:41am revealed: -She supervised the dietary manager. -The dietary staff was not short staff. -The dietary staff were responsible for preparing the meals for the SCU residents in the main kitchen and only transported for food to the SCU kitchen. -The PCAs were responsible for plating and serving the meals to the SCU residents. -All of the SCU staff have completed an inhouse food service training.	D 195		