STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	HAL065046	A. BUILDING: _____ B. WING _____	R 05/07/2026

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
SPRING ARBOR OF WILMINGTON	809 JOHN D BARRY DRIVE WILMINGTON, NC 28412

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
D 000	Initial Comments The Adult Care Licensure Section conducted a follow up survey and annual survey on May 6, 2026 and May 7, 2026.	D 000		
D 296	10A NCAC 13F .0904(c)(7) Nutrition And Food Service 10A NCAC 13F .0904 Nutrition And Food Service (c) Menus in Adult Care Homes: (7) The facility shall have a matching therapeutic diet menu for any resident's physician-ordered therapeutic diet for guidance of food service staff. This Rule is not met as evidenced by: Based on observations, record reviews and interviews, the facility failed to ensure there was a therapeutic/modified diet menu in the kitchen for food service staff to use as guidance for 3 of 3 sampled residents (#2, #4, #5) who had a physician's order for a regular finger food diet (#2), a regular chopped meat diet (#4) and a controlled carbohydrate, double portion protein and nectar thickened liquid diet (#5). The findings are: Review of the facility's breakfast menu on 05/07/26 at 7:30am revealed the menu was breakfast ham, pancakes, cereal of choice, fruit of choice, juice of choice, coffee or tea and milk. Observation of the breakfast meal on 05/07/26	D 296		

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between 7:30am and 8:00am revealed the meal served was pancakes, oatmeal, sausage, strawberries, yogurt, milk, juice, water and coffee.

Observation of the kitchen on 05/06/26 between 9:32am and 9:42am revealed:
-There was no menu for the foodservice staff to follow for guidance for residents receiving a therapeutic and modified diet.
-There were Quantified Recipe sheets posted around the kitchen for staff to use to prepare therapeutic diets.
-The Quantified Recipe sheets did not have therapeutic diets to match the diets of the residents.
-There was no therapeutic diet spreadsheets posted.

1. Review of Resident #2's FL-2 dated 12/08/25 revealed:
-Diagnoses included severe vascular dementia with agitation, unsteady gait and hypercholesterolemia.
-There was no diet order listed.

Review of Resident #2's physician's order sheet dated 03/31/26 revealed his diet order was for regular finger foods.

Observation of Resident #2's breakfast meal on 05/07/26 between 7:30am and 8:00am revealed:
-Resident #2 was served a boiled egg that was cut in half, chopped sausage, chopped pancakes, cranberry juice, milk and water.

Based on observations, interviews and record reviews, it was determined that Resident #2 was not interviewable.

Refer to interview with a cook on 05/06/26 at

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D 296	Continued From page 2 9:32am. Refer to interview with a second cook on 05/07/26 at 9:26am. Refer to interview with the Administrator on 05/07/26 at 9:52am. Refer to interview with the primary care provider (PCP) on 05/07/26 at 9:15am. 2. Review of Resident #4's FL-2 dated 09/15/25 revealed: -Diagnoses included Parkinson's Disease, hypertension, hypokalemia, acute kidney failure, and anemia. -There was no diet order listed. Review of Resident #4's signed diet order dated 04/27/26 revealed Resident #4 required a texture modification which was for chopped meats. Observation of Resident #4's breakfast meal on 05/07/26 between 7:30am and 8:00am revealed: -Resident #4 ate in her room and required feeding assistance by a personal care aide (PCA). -She was served pancakes, chopped/crumbled sausage, oatmeal, milk, orange juice and water. Telephone interview with the facility's contracted primary care provider (PCP) on 05/07/26 at 9:15am revealed: -Resident #4 was on hospice. -Resident #4 was on a chopped meat diet because she was pocketing (kept her food in her mouth without swallowing) her food. -She was not aware of any choking incidents. Based on observations, interviews and record	D 296		

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reviews, it was determined that Resident #2 was not interviewable.

Refer to interview with a cook on 05/06/26 at 9:32am.

Refer to interview with a second cook on 05/07/26 at 9:26am.

Refer to interview with the Administrator on 05/07/26 at 9:52am.

Refer to interview with the primary care provider (PCP) on 05/07/26 at 9:15am.

3. Review of Resident #5's FL-2 dated 11/12/25 revealed diagnoses included respiratory failure with hypoxia, acute pulmonary edema, sepsis, dysphasia, vascular dementia, acute diastolic congestive heart failure, and stage 3 chronic kidney disease.

Review of Resident #5's signed diet order dated 03/12/26 revealed Resident #5 required a texture modification which was for consistent carbohydrates, mechanical soft foods, double portion protein and nectar thickened liquids.

Observation of Resident #4's breakfast meal on 05/07/26 between 7:30am and 8:00am revealed Resident #5 was served chopped pancakes, 1 piece of chopped sausage, oatmeal, nectar thickened milk, nectar thickened orange juice and nectar thickened water.

Telephone interview with the facility's contracted primary care provider (PCP) on 05/07/26 at 9:15am revealed:
-Resident #5 was to be served thickened liquids because he was high risk for aspiration and

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D 296	Continued From page 4 suffered from dysphagia. -Resident #5 was losing weight at one time so the order was written for double protein portions for weight maintenance. -Resident #5 was no longer losing weight; the double portion protein order was kept in place because Resident #5 liked to eat. -Resident #5 was a diabetic and the consistent carbohydrates and protein helped control his blood sugar level. Refer to interview with a cook on 05/06/26 at 9:32am. Refer to interview with a second cook on 05/07/26 at 9:26am. Refer to interview with the Administrator on 05/07/26 at 9:52am. Refer to interview with the primary care provider (PCP) on 05/07/26 at 9:15am. _____ Interview with a cook on 05/06/26 at 9:32am revealed: -There was not currently a Dietary Manager (DM). -The Administrator oversaw the kitchen. -He knew what diet residents were on based on the diet order book as well as the spreadsheets that were posted on the wall in the kitchen. -The Administrator provided Quantified Recipe sheets for the cooks to use when preparing therapeutic diets. -He used the Quantified Recipe sheets to prepare therapeutic diets. Interview with a second cook on 05/07/26 at 9:26am revealed: -She prepared therapeutic diets by using the Quantified Recipe sheets.	D 296		

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D 296	Continued From page 5 -She did not use a therapeutic diet spreadsheet. -She used a therapeutic diet spreadsheet when she first started to make sure residents did not choke based on their diet. -She memorized the book of therapeutic diet spreadsheets and prepared plates based on her previous experience. -There was a notebook with therapeutic diet spreadsheets from Spring/Summer 2025 in a drawer. -There was no therapeutic diet spreadsheet for 2026 in the kitchen. -If a resident was ordered a double portion or protein and chicken was served, she gave the resident a breast instead of a thigh. -For male residents with a double protein portion order, she served a breast or 2 legs and a thigh to equal a breast. -When serving sausage patties to a resident with a double portion protein order, she served 2 to 3 sausage patties. Interview with the Administrator on 05/07/26 at 9:52am revealed: -She oversaw the dietary staff. -She was not familiar with the therapeutic diet spreadsheet. -She understood that the therapeutic diet spreadsheet determined how the food was prepared for residents with therapeutic diet orders. -She thought as long as staff knew how to serve the meals, there was no concern. -She was not aware of the facility should use therapeutic diet spreadsheets. Interview with the facility's primary care provider (PCP) on 05/07/26 at 9:15am revealed: -She wanted the facility to have instructions on how to prepare the food for the residents.	D 296		

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D 296	Continued From page 6 -Although the primary cook for the facility had been at the facility for many years, it would have been a concern if that cook were out and the instructions on how to prepare the therapeutic diets were not written down. -She was concerned about the risk of choking and aspiration for residents without the use of the therapeutic diet spreadsheets.	D 296		