

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 04/29/2013  
FORM APPROVED  
OMB NO. 0938-0391

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| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br>355116 | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING _____<br>B. WING _____                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                            | (X3) DATE SURVEY<br>COMPLETED<br><br>04/24/2013 |
| NAME OF PROVIDER OR SUPPLIER<br><br>PARKSIDE LUTHERAN HOME |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                     | STREET ADDRESS, CITY, STATE, ZIP CODE<br>501 3RD AVE W<br>LISBON, ND 58054                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                            |                                                 |
| (X4) ID<br>PREFIX<br>TAG                                   | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | ID<br>PREFIX<br>TAG                                                 | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | (X5)<br>COMPLETION<br>DATE |                                                 |
| F 000                                                      | INITIAL COMMENTS<br><br>For the standard Medicare/Medicaid survey, started on 04/22/13 and completed on 04/24/13, the sample included 2 residents for complete review, 7 residents for focused review, and 1 closed record for review. The sample included 1 additional resident to verify specific concerns during the survey.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | F 000                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                            |                                                 |
| F 323<br>SS=D                                              | 483.25(h) FREE OF ACCIDENT<br>HAZARDS/SUPERVISION/DEVICES<br><br>The facility must ensure that the resident environment remains as free of accident hazards as is possible; and each resident receives adequate supervision and assistance devices to prevent accidents.<br><br>This REQUIREMENT is not met as evidenced by:<br>Based on observation, record review, review of manufacturer's recommendations, and staff interview, the facility failed to ensure staff appropriately utilized an assistive device for 1 of 3 sampled residents (Resident #5) observed transferring with a mechanical sit-to-stand lift. Failure to utilize the lift per the manufacturer's recommendations may result in residents experiencing pain and/or injury.<br><br>Findings include:<br><br>Review of the manufacturer's instruction manual titled "Stand Up Patient Lift," stated, "... Stand Assist Slings: The belt MUST be snug, but comfortable on the patient, otherwise the patient | F 323                                                               | F 323<br><br>Resident #5 will be re-evaluated by physical therapy on 5/13/2013 for proper transfer techniques. All residents requiring a mechanical lift for transfers have the potential to affected should the facility fail to use mechanical lifts correctly. All nursing staff will be inserviced on mechanical lift use and proper sling placement by 5/22/2013. The Director of Nursing or designee will complete three random observations of mechanical lift use three times per week for one month. If no problems are found the observations will be performed 3 times per month for the next 6 mos. Results of the observations will be reported at the quarterly QA committee meeting by the Director of Nursing.<br><br>5/15/13 9:20 AM<br>T.C. per Tim Kennedy<br>QA start date 5/16/13 | 5/22/13                    |                                                 |

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>355116</b> | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING _____<br><br>B. WING _____ | (X3) DATE SURVEY<br>COMPLETED<br><br><b>04/24/2013</b> |
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| NAME OF PROVIDER OR SUPPLIER<br><br><b>PARKSIDE LUTHERAN HOME</b> | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>501 3RD AVE W<br/>LISBON, ND 58054</b> |
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| F 323                    | <p>Continued From page 1</p> <p>can slide out of the sling during transfer, possibly causing injury. . . ."</p> <p>- Review of Resident #5's medical record occurred on April 22-24, 2013. Diagnoses included dementia, multiple sclerosis, osteoarthritis, and peripheral neuropathy.</p> <p>Resident #5's most recent Minimum Data Set (MDS), dated 01/07/13, identified the resident required extensive assistance of one person for transfers.</p> <p>Resident #5's care plan, reviewed 04/18/13, stated, ". . . Mobility impairment R/T [related to] weakness M/B [manifested by] needs assist [with] transfers . . . Assist of 2 [with] transfers. Uses stand-up lift. . . Res [Resident] unable to ambulate D/T [due to] progression of MS [multiple sclerosis]. . . ."</p> <p>A physical therapy evaluation, dated 07/18/12, stated, ". . . Non-Ambulating pivot transfers [with] mech. [mechanical] lift. Presents [with] inversion, plantar flexion [left] foot. . . ."</p> <p>Observation on 04/22/13 at 4:15 p.m. showed two certified nursing assistants (CNAs) (#6 and #7) applied the sling of a mechanical sit-to-stand lift around the resident's waist then attached it to the lift. The CNAs fastened the sling's chest strap and the lift's leg strap. When the CNAs raised the resident to an upright position to transfer the resident from the bathroom to her recliner the sling slipped upward under her axilla (armpits), her elbows extended, and the chest strap loosened. The CNAs failed to lower Resident #5 and reposition the sling and failed to tighten the</p> | F 323               |                                                                                                                          |                            |

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| F 323                                                             | <p>Continued From page 2<br/>belt.</p> <p>Observation on 04/23/13 at 10:10 a.m. showed two CNAs (#3 and #8) applied the sling of a mechanical sit-to-stand lift around the resident's waist. The CNAs fastened the chest strap but not the leg strap. The resident complained of pain in her neck and toe. When the CNAs raised the resident to an upright position, the sling slipped upward under her axilla causing her elbows to extend outward, and the chest strap to loosen. The CNAs failed to lower Resident #5 and reposition the sling and failed to tighten the chest strap.</p> <p>Observation on 04/23/13 at 12:45 p.m., showed two CNAs (#3 and #8) applied the sling of a mechanical sit-to-stand lift around the resident's waist. The CNAs fastened the chest strap but not the leg strap. When the CNAs raised the resident, she did not stand but remained in a seated position with her legs at a 90 degree angle. The sling slipped upward under her axilla causing her elbows to extend and the chest strap to loosen. When the CNAs transferred the resident from the bathroom to her recliner, the sling again slipped upward under her axilla causing her elbows to extend outward, and the chest strap to loosen. The CNAs failed to lower Resident #5 and reposition the sling and failed to tighten the chest strap.</p> | F 323                                                                      |                                                                                                                          |  |                                                        |
|                                                                   | <p>Observation on 04/24/13 at 8:15 p.m. showed two CNAs (#3 and #9) applied the sling of a mechanical sit to stand lift around the resident's waist. The CNAs fastened the chest strap and leg strap. When the CNAs raised the resident, the sling slipped upward under her axilla causing her</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                            |                                                                                                                          |  |                                                        |

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| F 323                                                      | Continued From page 3<br>elbows to extend outward, and the chest strap to<br>loosen. The CNAs failed to lower Resident #5<br>and reposition the sling and failed to tighten the<br>chest strap as they elevated Resident #5.<br><br>During an interview on the afternoon of 04/24/13,<br>an administrative nurse (#1) confirmed staff<br>should utilize the leg strap and tighten the chest<br>strap during transfers with a mechanical<br>sit-to-stand lift.                                                                                                                                                                                                                                                                                           | F 323                                                               |                                                                                                                          |                            |                                                 |
| F 371<br>SS=C                                              | 483.35(i) FOOD PROCURE,<br>STORE/PREPARE/SERVE - SANITARY<br><br>The facility must -<br>(1) Procure food from sources approved or<br>considered satisfactory by Federal, State or local<br>authorities; and<br>(2) Store, prepare, distribute and serve food<br>under sanitary conditions<br><br>This REQUIREMENT is not met as evidenced<br>by:<br>Based on observation and staff interview, the<br>facility failed to provide safety equipment to<br>prevent backflow of contaminated water into 1 of<br>1 food preparation sink used to wash ready-to-eat<br>foods in the kitchen. The lack of a safety device<br>has the potential to increase the risk of foodborne<br>illness and can affect all residents who eat food<br>prepared in this area. | F 371                                                               | F 371                                                                                                                    | 5/9/13                     |                                                 |
|                                                            | Findings include:<br><br>A tour of the main kitchen occurred on 04/24/13                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                     |                                                                                                                          |                            |                                                 |

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| F 371                                                             | <p>Continued From page 4<br/>between 8:30 a.m. and 9:00 a.m. with an<br/>administrative dietary staff member (#10).</p> <p>During an interview on 04/24/13 at 8:45 a.m.,<br/>regarding how dietary staff utilized the kitchen's<br/>three-compartment sink, a dietary staff member<br/>(#11) stated staff used the second sink<br/>compartment to wash raw vegetables.</p> <p>Observation of the noon meal on 04/24/13,<br/>showed CNA/Homemakers (#2 and #12) offering<br/>a choice and serving residents assorted raw<br/>vegetables.</p> <p>On the morning of 04/24/13, a consultant plumber<br/>(#13) observed the piping system and stated the<br/>three-compartment sink lacked a device to<br/>prevent backflow of contaminated water.</p> | F 371                                                                      |                                                                                                                          |                            |                                                        |
| F 431<br>SS=E                                                     | <p>483.60(b), (d), (e) DRUG RECORDS,<br/>LABEL/STORE DRUGS &amp; BIOLOGICALS</p> <p>The facility must employ or obtain the services of<br/>a licensed pharmacist who establishes a system<br/>of records of receipt and disposition of all<br/>controlled drugs in sufficient detail to enable an<br/>accurate reconciliation; and determines that drug<br/>records are in order and that an account of all<br/>controlled drugs is maintained and periodically<br/>reconciled.</p> <p>Drugs and biologicals used in the facility must be<br/>labeled in accordance with currently accepted<br/>professional principles, and include the</p>                                                                                                      | F 431                                                                      |                                                                                                                          |                            |                                                        |

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| F 431                                                             | Continued From page 5<br>appropriate accessory and cautionary<br>instructions, and the expiration date when<br>applicable.<br><br>In accordance with State and Federal laws, the<br>facility must store all drugs and biologicals in<br>locked compartments under proper temperature<br>controls, and permit only authorized personnel to<br>have access to the keys.<br><br>The facility must provide separately locked,<br>permanently affixed compartments for storage of<br>controlled drugs listed in Schedule II of the<br>Comprehensive Drug Abuse Prevention and<br>Control Act of 1976 and other drugs subject to<br>abuse, except when the facility uses single unit<br>package drug distribution systems in which the<br>quantity stored is minimal and a missing dose can<br>be readily detected. | F 431                                                                      | F 431<br><br>The west medication refrigerator was<br>adjusted on 4/24/2013 to moderate the<br>temperature in the desired range. Both<br>medication refrigerators have the<br>potential to not be in the desired<br>temperature range should the facility<br>fail to monitor and adjust refrigerator<br>thermostats as needed. The refrigerator<br>temperature logs were revised to<br>include a range of desired temperature<br>of 36-46 degrees. The facility<br>procedure for refrigerator temperature<br>monitoring was reviewed and revised<br>on 4/25/2013. All nurses were<br>inserviced on said procedure on<br>5/8/2013. The Director of Nursing will<br>review the temperature logs monthly.<br>Any variances from optimal<br>temperature range will be reported to<br>the QA committee quarterly by the<br>Director of Nursing. |                            |                                                        |
|                                                                   | This REQUIREMENT is not met as evidenced<br>by:<br>Based on observation, review of medication<br>labels, and staff interview, the facility failed to<br>store medications under proper temperature<br>controls in 1 of 2 medication refrigerators (West<br>medication room). Failure to maintain the<br>refrigerator within an acceptable temperature<br>range may affect the potency and efficacy of the<br>medications.<br><br>Findings include:<br><br>Review of medication storage in the West<br>medication room occurred on 04/23/13 at 5:00<br>p.m. with a licensed nurse (#4). Observation                                                                                                                                                                                                            |                                                                            | 5/15/13 QA #<br>T.C. Tim Kennedy<br>QA start 5/8/13 x 6m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 5/8/13                     |                                                        |

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| F 431                                                             | Continued From page 6<br>showed the medication refrigerator temperature<br>at 32 degrees F.<br>Medications stored in the refrigerator included:<br>* Lantus insulin - label stated "Do not freeze"<br>* Humalog insulin - label stated "Do not freeze"<br>* Novolog insulin - label stated "Avoid freezing"<br>* Epogen - label stated "Do not freeze"<br>* Levamir FlexPens - label stated "Avoid<br>freezing"<br>* Lantus Solostar pens - label stated "Do not<br>freeze"<br>* Novolog FlexPens - label stated "Avoid<br>freezing"<br>* Calcitonin nasal spray - label stated "Avoid<br>freezing"<br>* Flulavel vaccine - label stated "Do not freeze"<br><br><u>Review of the refrigerator temperature logs</u><br>identified temperatures of 30 to 32 degrees on 15<br>of 31 days in March and 6 of 24 days in April<br>2013. Instructions on the log stated, "Refrigerator<br>must be 41 [degrees] F. or below . . ." An<br>undated, handwritten note at the top of the page<br>stated "Temp 36 [degrees] - 46 [degrees]+" | F 431                                                                      |                                                                                                                          |                            |                                                        |
| F 494<br>SS=D                                                     | 483.75(e)(2)-(3) NURSE AIDE WORK > 4 MO -<br>TRAINING/COMPETENCY<br><br>A facility must not use any individual working in<br>the facility as a nurse aide for more than 4<br>months, on a full-time basis, unless that individual<br>is competent to provide nursing and nursing<br>related services; and that individual has                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | F 494                                                                      |                                                                                                                          |                            |                                                        |

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

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OMB NO. 0938-0391

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| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>355116</b> | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING _____<br><br>B. WING _____                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                            | (X3) DATE SURVEY<br>COMPLETED<br><br><b>04/24/2013</b> |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>PARKSIDE LUTHERAN HOME</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                            | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>501 3RD AVE W<br/>LISBON, ND 58054</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                            |                                                        |
| (X4) ID<br>PREFIX<br>TAG                                          | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | ID<br>PREFIX<br>TAG                                                        | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | (X5)<br>COMPLETION<br>DATE |                                                        |
| F 494                                                             | <p>Continued From page 7</p> <p>completed a training and competency evaluation program, or a competency evaluation program approved by the State as meeting the requirements of §§483.151-483.154 of this part; or that individual has been deemed or determined competent as provided in §483.150(a) and (b).</p> <p>A facility must not use on a temporary, per diem, leased, or any basis other than a permanent employee any individual who does not meet the requirements in paragraphs (e)(2)(i) and (ii) of this section.</p> <p>Nurse aides do not include those individuals who furnish services to residents only as paid feeding assistants as defined in §488.301 of this chapter.</p> <p>This REQUIREMENT is not met as evidenced by:<br/>Based on review of the state nurse aide registry files, the facility nurse aide schedule, and staff interview, the facility failed to ensure a nurse aide working with residents in the facility remained certified for 1 of 3 travel staff (staff member #15) certification verifications reviewed. The nurse aide (#15) provided 16 hours of nursing related services without verifying competency through certification. Failure to ensure certification of caregivers has the potential to affect resident care.</p> <p>Findings include:</p> <p>A nurse aide (#15) contacted the state nurse aide</p> | F 494                                                                      | <p>F 494</p> <p>Nurse Aide #15 has renewed his certification, but has not worked at facility since 9/28/2012. All agency staff have the potential to become non compliant should the facility fail to verify licensure or certification prior to employment. A facility policy and procedure was developed on 5/6/2013 outlining an orientation and certification/ licensure verification protocol. The Director of Nursing will review all agency employee records for proper orientation and verification of employment eligibility. The Director of Nursing will report any non compliance issues to the Administrator immediately and to QA committee at their quarterly meeting.</p> <p><i>T.C. Tim Kennedy 5/15/13 9:22am<br/>QA will start when<br/>Agency staff utilized</i></p> | <p><i>5/6/13</i></p>       |                                                        |

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| NAME OF PROVIDER OR SUPPLIER<br><br><b>PARKSIDE LUTHERAN HOME</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                            | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>501 3RD AVE W<br/>LISBON, ND 58054</b>                                       |                            |                                                        |
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| F 494                                                             | <p>Continued From page 8</p> <p>registry on 01/29/13 to renew his certification. The state nurse aide registry file review identified the nurse aide's certification expired on 09/20/12.</p> <p>Review of facility nurse aide schedules, on 04/24/13, identified the nurse aide (#15) provided nursing related services at the facility from 6:00 a.m. to 10:00 p.m. on 09/27/12.</p> <p>During an interview on 04/24/13 at 10:25 a.m., an administrative nurse (#1) verified the nurse aide (#15) worked on 09/27/12 without certification.</p> | F 494                                                                      |                                                                                                                          |                            |                                                        |