



STATE OF WASHINGTON
DEPARTMENT OF SOCIAL AND HEALTH SERVICES
HOME AND COMMUNITY LIVING ADMINISTRATION
20311 52nd Ave W, Suite 100, Lynnwood, WA 98036

03/04/2026

Dorotea Ristig
CARLSON CARE AFH II
10425 NE 201ST STREET
BOTHELL, WA 98011

RE: CARLSON CARE AFH II # 751142

Dear Provider:

This letter addresses deficiencies occurring in the report(s) for: Compliance Determination(s) 73834 (Completion Date 03/04/2026) and 71203 (Completion Date 01/14/2026).

The Department completed a follow-up inspection of your Adult Family Home on 03/04/2026 and found no deficiencies.

The Department found that deficiencies for the following licensing laws and regulations were corrected:

WAC 388-76-10463 Medication Psychopharmacologic. For residents who are given psychopharmacologic medications, the adult family home must ensure:

(3) The resident's negotiated care plan includes strategies and modifications of the environment and staff behavior to address the symptoms for which the medication is prescribed;

The Department staff who did the On Site verification:
Theresa Karundeng, NCI

If you have any questions, please contact me at (206)348-9350.

Sincerely,

Nichollette Flynn on behalf of Renee' Bourque

Nichollette Flynn, AFH Field Manager
Region 2, Unit I
Residential Care Services

This document was prepared by Residential Care Services for the Locator website.



STATE OF WASHINGTON
DEPARTMENT OF SOCIAL AND HEALTH SERVICES
AGING AND LONG-TERM SUPPORT ADMINISTRATION
20311 52nd Ave W, Suite 100, Lynnwood, WA 98036

Statement of Deficiencies	License #: 751142	Compliance Determination # 71203
Plan of Correction	CARLSON CARE AFH II	Completion Date
Page 1 of 4	Licensee: Dorotea Ristig	01/14/2026

You are required to be in compliance at all times with all licensing laws and regulations to maintain your Adult Family Home license.

The department completed data collection for an unannounced on-site complaint investigation on 01/05/2026 and 01/13/2026 of:

CARLSON CARE AFH II
20205 107th Ave NE
Bothell, WA 98011

This document references the following complaint number(s): 207647, 207649, 206489

The following sample was selected for review during the unannounced on-site visit: 3 of 4 current residents and 0 former residents.

The department staff that investigated the Adult Family Home:

Theresia Karundeng, NCI

From:
DSHS, Aging and Long-Term Support Administration
Residential Care Services, Region 2 , Unit I
20311 52nd Ave W, Suite 100
Lynnwood, WA 98036

This document was prepared by Residential Care Services for the Locator website.

As a result of the on-site visit(s), the department found that you are not in compliance with the licensing laws and regulations as stated in the cited deficiencies in the enclosed report.

Renee' Bourque
Residential Care Services

01/16/2026
Date

I understand that to maintain an Adult Family Home license, I must be in compliance with all the licensing laws and regulations at all times.

Dorotea O. Ristig
Provider (or Representative)

1-16-2026
Date

WAC 388-76-10463 Medication Psychopharmacologic. For residents who are given psychopharmacologic medications, the adult family home must ensure:

(3) The resident's negotiated care plan includes strategies and modifications of the environment and staff behavior to address the symptoms for which the medication is prescribed;

This requirement was not met as evidenced by:

Based on record review and interview, the Adult Family Home (AFH) failed to include non-medication interventions on the negotiated care plan for 2 of 2 residents (Resident 1 and 2) that was prescribed psychotropic (a class of medication that affects the mind, emotions, and behavior) medications. This failure placed Resident 1 and 2 at risk for increased side effects from the medications and unmet care needs.

Findings included...

RESIDENT 1

Review of Resident 1's Negotiated Care Plan (NCP), dated 04/08/2025, showed the following:

-Resident 1 was admitted to the AFH on [REDACTED]/2024, with multiple medical diagnoses including [REDACTED] and [REDACTED].

-Resident 1 did not require psychopharmacological [psychotropic] medication. Resident 1's NCP checked off "No" for not requiring psychopharmacological medications. Resident 1's NCP did not identify that Resident 1 was taking the listed psychotropic medications as noted in Resident 1's December 2025 medication log. Resident 1's NCP did not list the targeted symptoms/behaviors for which the psychotropic medications were prescribed for. Resident 1's NCP did not list non-medication interventions to address the targeted behavior/symptom.

Review of Resident 1's Medication Log (ML), dated December 2025, showed the following psychotropic medication orders:

-Quetiapine (medication used to treat psychosis [a breakdown in a person's ability to recognize reality]) daily with a start date of 11/18/2025.

-Risperidone (medication used to treat psychosis) twice a day with a start date of 10/17/2025.

-Lorazepam (medication used for anxiety) twice daily as needed for anxiety with a start date of 10/13/2025.

-Divalproex sodium (medication used for mood) twice a day with a start date of 04/17/2025.

RESIDENT 2

Review of Resident 2's NCP, dated 05/01/2025, showed the following:

-Resident 2 was admitted to the AFH on [REDACTED]/2017, with multiple medical diagnoses including [REDACTED] and [REDACTED].

-Resident 2 required psychopharmacological medications. Resident 2's NCP was not up to date on the current psychotropic medications Resident 2 was taking. Resident 2's NCP did not list that they were taking Duloxetine, lorazepam and quetiapine.

Review of Resident 2's ML, dated December 2025, showed the following psychotropic medication orders:

-Duloxetine (medication used for mood) daily with a start date of 07/16/2025.

-Lorazepam every four hours as needed for anxiety with a start date of 07/16/2025.

-Quetiapine every four hours as needed for agitation with a start date of 03/02/2023.

In an interview, on 01/13/2026 at 12:08 PM, Staff B, Resident Manager, acknowledged that Resident 1's NCP did not identify Resident 1's psychotropic medications and the targeted behaviors/symptoms for each medication. Staff B acknowledged that Resident 2's NCP did not identify Resident 2's psychotropic medications and the targeted behaviors/symptoms for each medication. Staff B stated that they should have noted the interventions they were already implementing. Staff B stated that Resident 1 and Resident 2's psychotropic medications should have been updated in their NCPs.

I hereby certify that I have reviewed this report and have taken or will take active measures to correct this deficiency. By taking this action, CARLSON CARE AFH II is or will be in compliance with this law and / or regulation on (Date) 02/11/2026

In addition, I will implement a system to monitor and ensure continued compliance with this requirement.

Dorotea Ristig
Provider (or Representative)

2-06-2026
Date