



STATE OF WASHINGTON
DEPARTMENT OF SOCIAL AND HEALTH SERVICES
AGING AND LONG-TERM SUPPORT ADMINISTRATION
20425 72nd Avenue S, Suite 400, Kent, WA 98032

SAMMAMISH WOODS AFH INC
SAMMAMISH WOODS AFH INC
20131 SE 23RD PL
SAMMAMISH, WA 98075

RE: SAMMAMISH WOODS AFH INC License # 752147

Dear Provider:

This letter addresses Compliance Determination(s) 35959 (Completion Date 01/29/2024) and 30184 (Completion Date 11/30/2023).

The Department completed a follow-up inspection of your Adult Family Home on 01/29/2024 and found that you have corrected the violations listed in the Complaint report dated 11/30/2023. Your home is back in compliance as of 12/27/2023 with the cited requirements of the Washington Administrative Code or the Revised Code of Washington or both.

The Department found that deficiencies for the following licensing laws and regulations were corrected:
WAC 388-76-10380-2

The Department staff who did the on-site verification:
Jennifer Domingo, AFH Complaint Investigator

If you have any questions, please contact me at (253)234-6007.

Sincerely,

A handwritten signature in black ink, appearing to read "Lydia Owusu-Acheampong".

Lydia Owusu-Acheampong, Field Manager
Region 2, Unit E
Residential Care Services



Residential Care Services Investigation Summary Report

Provider/Facility: SAMMAMISH WOODS AFH **Provider Type:** Adult Family Home
INC

License/Cert.#: 752147

Intake ID: 98489

Compliance Determination #: 30184

Region/Unit #: RCS Region 2 / Unit E

Investigator: Jennifer Domingo

Investigation Date(s): 09/27/2023 through 11/30/2023

Complainant Contact Date(s): 09/26/2023

Allegation(s):

- 1) The Named Resident (NR) was a problem in the Adult Family Home (AFH) and discriminated against by the Named Staff (NS) because they were not a private pay.
- 2) Staff fed NR with unhealthy food that was not according to their special diet. NR was blamed because of their refusal to eat healthy foods. NR's had high phosphorus levels (extra phosphorus [is a mineral found in your bones] in the blood).
- 3) NR smelled when they went to their dentist. The AFH staff gave NR one shower a week instead of two times a week. NR was blamed for their refusal to shower.
- 4) NR's bedspreads were dirty and unclean. NR wore the same clothes.

Investigation Methods:

Sample:	Total residents: 4 Resident sample size: 2 Closed records sample size: 0
Observations:	General observation, staff to residents interactions, food storage and residents' appearance.
Interviews:	Residents, Collateral Contact (CC), and staff.
Record Reviews:	Residents, Negotiated Care Plan (NCP) and AFH records.

Investigation Summary:

- 1) NR's NCP showed that their behavior of refusals was updated in their NCP. NS stated NR was [REDACTED] as their payer source. NS stated they treated their residents equally despite of their payer status. Other CC stated that NS was amazing at what they do and had no concerns about their residents' care in the home. NR, other current residents, and other CC stated they were not discriminated by NS or AFH staff.
- 2) NCP showed that NR was admitted to their home on [REDACTED]/2023. Assessment indicated that NR was on dialysis (a process that removes toxins and fluid from your body when the kidney can't do it anymore.) three times a week. Assessment showed NR was on a renal diet (designed for people who have advanced or end-stage kidney disease and need dialysis. Renal diet is the lower amount of sodium, protein, potassium, or phosphorus) and ADA ([American Diabetes Association] refers to

different low-calorie, low-fat, and nutrient-rich diets that aim to control blood glucose levels for people with diabetes) diet. Laboratory records showed NR's Phosphorus and Potassium level goal ranges between 3.5 to 5.5. NR's labs have increased since their admission to the home. NR's Phosphorus level results were as follows: 06/07/2023 4.4, 07/05/2023 6.6, 08/05/2023 3.9. NR's Potassium level results were as follows: 06/07/2023 4.5, 07/05/2023 5.6, 08/05/2023 5.9, 9/07/2023 4.7. NCP showed NR was on special diet of high protein and low potassium. NCP did not show NR was on a Renal, ADA, and Low sodium diet. Record review showed that NR and other current resident NCP were not updated.

3) Observation showed NR and other current residents did not smell during the unannounced visit. NR stated that they did not need an assistance brushing their teeth. NR stated that they should not be treated like kids because they could brush their teeth. NCP showed NR refused to brush their teeth daily and refused assistance from the staff. NR stated that their dentist recently saw them. NR and other current resident stated they had no concern about brushing their teeth or their showers in the home.

4) Observation showed NR was dressed appropriately, and their bedding and clothing were clean and tidy. NR stated they did not like changing their clothes daily, only when they showered. NR stated that they would not allow staff to change their clothes, only when they asked. Other current resident stated they had no concerns about their bedding and their clothing.

Failed Provider practice identified. See Statement of Deficiencies dated 11/30/2023. WAC 388-76-10380(2) Negotiated care plan—Timing of reviews and revisions.

Conclusion / Action:

- ☒ Failed Provider Practice Identified / Citation(s) Written
- ☐ Failed Provider Practice Not Identified / No Citation Written
- ☐ N/A



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Statement of Deficiencies	License #: 752147	Compliance Determination # 30184
Plan of Correction	SAMMAMISH WOODS AFH INC	Completion Date
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You are required to be in compliance at all times with all licensing laws and regulations to maintain your Adult Family Home license.

The department completed data collection for an unannounced on-site complaint investigation on 09/27/2023 and 09/27/2023 of:

SAMMAMISH WOODS AFH INC
20131 SE 23RD PL
SAMMAMISH, WA 98075

This document references the following complaint number(s): 98489

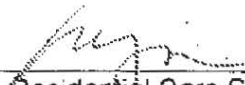
The following sample was selected for review during the unannounced on-site visit: 2 of 4 current residents and 0 former residents.

The department staff that investigated the Adult Family Home:

Jennifer Domingo, AFH Complaint Investigator

From:
DSHS, Aging and Long-Term Support Administration
Residential Care Services, Region 2, Unit E
20425 72nd Avenue S, Suite 400
Kent, WA 98032

As a result of the on-site visit(s), the department found that you are not in compliance with the licensing laws and regulations as stated in the cited deficiencies in the enclosed report.


Residential Care Services

12/04/2023

Date

I understand that to maintain an Adult Family Home license, I must be in compliance with all the licensing laws and regulations at all times.

This document was prepared by Residential Care Services for the Locator website.

Statement of Deficiencies	License #: 752147	Compliance Determination # 30184
Plan of Correction	SAMMAMISH WOODS AFH INC	Completion Date
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Provider (or Representative)

12-6-2023

Date

WAC 388-76-10380 Negotiated care plan Timing of reviews and revisions. The adult family home must ensure that each resident's negotiated care plan is reviewed and revised as follows:

(2) When the plan, or parts of the plan, no longer address the resident's needs and preferences;

This requirement was not met as evidenced by:

Based on interview and record review, the Adult Family Home (AFH) failed to ensure the Negotiated Care Plan (NCP) for 2 of 2 sampled residents (Resident 1 and Former Resident [FR]1) were updated to address their special diet to manage their medical condition. This failure placed Resident 1 and FR 1 at risk for unmet care needs and complications from not receiving their special diet.

Resident 1

Record review of Assessment and Service Plan dated 09/03/2023 showed Resident 1 had a diagnosis of [REDACTED]

[REDACTED] "Resident 1's Assessment and Service Plan showed they were on an injectable insulin medication (an important part of diabetes treatment. It helps keep blood sugar under control and prevent diabetes complications). Assessment and Service Plan showed Resident 1's "Special diet requirement: CONSISTEN CHO ([constant carbohydrate or controlled carbohydrate] The focus of the diet is eating the same amount of carbohydrates every day to help keep blood sugar levels stable)."

Record review of Resident 1's NCP dated 09/22/2023 showed they were on insulin injections for their diabetes. Resident 1's NCP showed on page nine under special diet section was blank, and for the section "RESIDENT STRENGTHS/WHAT RESIDENT PREFERS TO DO INDEPENDENTLY... Resident is Diabetic/No Sugar.". There were no NCP revisions for Resident 1 to address their special diet to manage their medical condition.

In an interview on 11/29/2023 at 9:14 AM, Staff A, Entity Representative, stated that Resident 1 was on insulin medication in the morning, once a day. Staff A stated that they would ask their Registered Nurse (RN) to help them with their NCP.

FR 1

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Review of the assessment dated 08/31/2023 showed FR 1 had a diagnosis of [REDACTED] and attends dialysis (a blood purifying treatment given when kidney function is not optimum) treatment three times a week. Assessment showed FR 1 had Non-insulin Dependent Diabetes Mellitus (a form of diabetes in which insulin production is inadequate or the body has become resistant to insulin), which was managed through diet and medication control. FR 1's assessment indicated that they were on general low sodium, added protein, renal diet (designed for people who have advanced or end-stage kidney disease and need dialysis. Renal diet is a lower amount of sodium, protein, potassium, or phosphorus) as well as ADA ([American Diabetes Association] refers to different low-calorie, low-fat, and nutrient-rich diets that aim to control blood glucose levels for people with diabetes).

Record review of FR 1's NCP dated 07/03/2023 showed FR was admitted to the AFH on [REDACTED]/2023. NCP showed on page nine, in the eating section, special diet indicated high protein...low potassium. NCP showed in the section "RESIDENT STRENGTHS/WHAT RESIDENT PREFERS TO DO..." indicated that FR 1 is "Diabetic/NO sugar". There were no NCP revisions for FR 1 to address the updated special diet to manage their medical condition.

Review of FR 1's laboratory results for 07/05/2023, and 08/05/2023, goals, and notes from the Kidney Center were as follows:

Potassium (is a chemical that is critical to the function of nerve and muscle cells, including those in your heart). Goal: 3.5-5.5 ("Notes: Found in fruit, vegetables, dried beans,... other foods. Affects heart and muscles"); 07/05/2023 at 5.6, 08/05/2023 at 5.9.

Phosphorus (is a mineral found in your bones] in the blood). Goal: 3.5-5.5 ("Notes: High in milk, cheese, processed foods, dried beans. High levels cause bone and heart disease and itching."); 07/05/2023 at 8.6 and 08/05/2023 at 3.9.

In an interview on 11/29/2023 at 9:17 AM, Staff A could not explain why they did not update FR 1's NCP. Staff A stated that they need help in expressing themselves in writing FR 1's NCP. Staff A stated that they would call their RN for assistance with care planning.

Attestation Statement

I hereby certify that I have reviewed this report and have taken or will take active measures to correct this deficiency. By taking this action, SAMMAMISH WOODS AFH INC is or will be in compliance with this law and / or regulation on

(Date) 12-27-2023

In addition, I will implement a system to monitor and ensure continued compliance with this requirement.

Statement of Deficiencies

License #: 752147

Compliance Determination # 30184

Plan of Correction

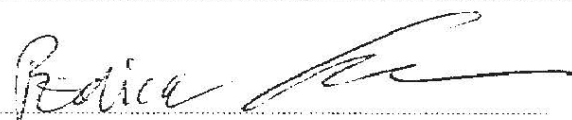
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Completion Date

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11/30/2023



Provider (or Representative)

12-6-2023

Date

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