STATE OF WASHINGTON
DEPARTMENT OF SOCIAL AND HEALTH SERVICES
AGING AND LONG-TERM SUPPORT ADMINISTRATION
PO Box 99250, Lakewood, WA 98496

CASCADE PARK GARDENS, L.L.C.
Cascade Park Gardens, L.L.C.
4347 S UNION AVE
TACOMA, WA 98409

RE: Cascade Park Gardens, L.L.C. License # 2605

Dear Administrator:

This letter addresses Compliance Determination(s) 35091 (Completion Date 01/11/2024) and 31641 (Completion Date 11/16/2023).

The Department completed a follow-up inspection of your Assisted Living Facility on 01/11/2024 and found no deficiencies. Your facility meets the Assisted Living Facility licensing requirements.

The Department found that deficiencies for the following licensing laws and regulations were corrected:
WAC 388-78A-2160

The Department staff who did the on-site verification:
Lisa Mason, NCI ALF Licensor

If you have any questions, please contact me at (253)442-3013.

Sincerely,

Manfay Chan, Field Manager
Region 3, Unit D
Residential Care Services

Residential Care Services
Investigation Summary Report

Provider/Facility: Cascade Park Gardens, L.L.C.
License/Cert.#: 2605
Compliance Determination #: 31641
Investigator: Lisa Mason
Provider Type: Assisted Living Facility
Intake ID: 103532
Region/Unit #: RCS Region 3 / Unit D
Investigation Date(s): 10/25/2023 through 11/16/2023
Complainant Contact Date(s): 11/15/2023

Allegation(s):

1- A resident had noted bruises
2- A resident was not given food regularly
3- A residents room window was broken
4- A facility was not monitoring a resident
5- A resident was in their room with the door closed.

Investigation Methods:

Sample:	Total residents: Resident sample size: 5 Closed records sample size: 0
Observations:	Identified resident Residents Resident rooms Staff to resident interactions
Interviews:	Residents Nursing staff Family members
Record Reviews:	Medical records

Investigation Summary:

1- Record review and interview showed a resident did have some bruises and a wound that was being monitored and treatment orders obtained. No failed practice identified.
2- Interview, record review and observation showed a residents food intake was not being monitored or assisted.
Failed practice identified WAC-388-78A-2160 Implementation of negotiated service agreement.
3- Observation of the residents room window was intact. No failed facility practice identified.
4- Interview and observation showed residents were monitored per facility policies. No failed practice identified.
5- Observation showed some residents were in their own rooms with the doors closed and not locked. No failed practice identified.

Conclusion / Action:

- [x] Failed Provider Practice Identified / Citation(s) Written
- [ ] Failed Provider Practice Not Identified / No Citation Written
- [ ] N/A

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Statement of Deficiencies	License #: 2605	Compliance Determination # 31641
Plan of Correction	Cascade Park Gardens, L.L.C.	Completion Date
Page 1 of 3	Licensee: CASCADE PARK GARDENS, L.L.C.	11/16/2023

You are required to be in compliance at all times with all licensing laws and regulations to maintain your Assisted Living Facility license.

The department completed data collection for an unannounced on-site complaint investigation on 10/25/2023 and 10/25/2023 of:

Cascade Park Gardens, L.L.C.
4347 S UNION AVE
TACOMA, WA 98409

This document references the following complaint number(s): 98859, 99051, 99266, 99965, 103206, 103532

The following sample was selected for review during the unannounced on-site visit: 5 of 0 current residents and 0 former residents.

The department staff that investigated the Assisted Living Facility:

Lisa Mason, NCI ALF Licensor

From:
DSHS, Aging and Long-Term Support Administration
Residential Care Services, Region 3 , Unit D
PO Box 99250
Lakewood, WA 98496

As a result of the on-site visit(s), the department found that you are not in compliance with the licensing laws and regulations as stated in the cited deficiencies in the enclosed report

Residential Care Services

11/27/2023
Date

I understand that to maintain an Assisted Living Facility license, the facility must be in compliance with all the licensing laws and regulations at all times.

Administrator (or Representative) 12/6/23 Date

WAC 388-78A-2160 Implementation of negotiated service agreement. The assisted living facility must provide the care and services as agreed upon in the negotiated service agreement to each resident unless a deviation from the negotiated service agreement is mutually agreed upon between the assisted living facility and the resident or the resident's representative at the time the care or services are scheduled.

This requirement was not met as evidenced by:

Based on observation and interview the Assisted Living Facility (ALF) failed to ensure 1 of 5 residents (Resident 1) was monitored and provided a replacement shake when he refused meals. This failure potentially caused weight loss and hunger to Resident 1.

Findings included...

On 11/01/2023 record review of Resident 1 (R1) was admitted to the facility on [redacted]/2023 with a diagnosis of [redacted] The Negotiated Service Agreement dated 09/28/2023 said R1 was at risk for nutritional deficits, was to receive health shakes with meals, and was dependent of staff for eating. R1's weights were done on admission to the facility on [redacted]/2023, [redacted]2023 and [redacted]2023 showed 147 pounds each day.

On 11/01/2023 review of the meal monitoring form with dates 10/11/2023 to 10/24/2023 showed three meals, breakfast, lunch and dinner, and an option to mark replacements if given. Of the 23 days, four days on the list were not included. Intake of 0% marked on 13 of the 39 possible meals. No meal replacements were marked on any days as given.

10/25/2023 at 11:50 AM observation at lunch time of the third-floor dining room showed three staff members serving plates of food to residents. Observed R1 placed at a table in his wheelchair, his eyes were closed, and he was leaning slightly to the right. A plate of food and a drink were set on the table in front of R1. Ten minutes later Staff D, Caregiver, sat next to R1 and attempted to speak with him. He did not respond, and Staff D took R1 to his room. No replacement supplement was offered.

On 10/25/2023 at 12:30 PM an interview with Staff B, the Director of Resident Services, said she was aware R1 had not been eating well and that family often brought in foods he liked. She did not know how much he currently weighed and would weigh the resident today.

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10/25/2023 at 12:05 PM an interview with Staff C, Medication Technician, said residents receive nourishment shakes when they don't eat. She thought the serving staff gave the supplement to the residents and it was not documented on the medication record.

On 10/24/2023 at 4:30 PM an interview with the Resident Representative (RR1) said they visited three to four times a week and R1 seemed very hungry, and always ate whatever foods they brought.

11/01/2023 at 3:04 PM a phone interview with Staff A, Wellness Director and Staff B, Director of Resident Services said R1's weight was down to 130lbs, and they sent him to the hospital on 10/25/2023. She said the hospital reported R1 weighed 151lbs. Staff B said there was a meal replacement order now and the Medication Technician's and licensed staff were to give the supplements.

Plan/Attestation Statement

I hereby certify that I have reviewed this report and have taken or will take active measures to correct this deficiency. By taking this action, Cascade Park Gardens, L.L.C. is or will be in compliance with this law and / or regulation on (Date) 12/6/23

In addition, I will implement a system to monitor and ensure continued compliance with this requirement.

Administrator (or Representative) 12/6/23 Date

Cascade

WAC 388-78A-2160 Implementation of negotiated service agreement.

- Cascade Park Gardens failed to follow the negotiated service agreement for resident number 1 potentially resulting in weight loss and or hunger.

Residents involved:

Resident number 1	Deficiencies found were failure to meal monitor and offer supplementation when appropriate. Thus, potentially leading to weight loss and or hunger.
Plan to prevent recurrence	In-serviced staff on proper meal documentation and following negotiated service agreements. Full house audit for weight loss Meal monitors for residents at risk added to MAR for better compliance and documentation, supplementation added to MAR for better compliance and documentation. Changed policy for obtaining weights to a schedule and DRS monitoring for any substantial weight changes weekly.
Date of compliance	Cascade Park Gardens will be in compliance by December 6th, 2023.
Attachments	Number 1 – Inservice on meal monitoring Number 2 – New order process for meal monitoring on EMAR Number 3 – New weight protocol.