



Protecting, Maintaining and Improving the Health of All Minnesotans

October 6, 2023

Licensee
Meadow Ridge Senior Living
7475 Country Club Drive
Golden Valley, MN 55427

RE: Project Number(s) SL31962015

Dear Licensee:

On October 5, 2023, the Minnesota Department of Health completed a follow-up survey of your facility to determine if orders from the August 2, 2023, survey were corrected. This follow-up survey verified that the facility is in substantial compliance.

You are encouraged to retain this document for your records. It is your responsibility to share the information contained in the letter with your organization's Governing Body.

Please feel free to call me with any questions.

Sincerely,

A handwritten signature in cursive script that reads 'Jessie Chenze'.

Jessie Chenze, Supervisor
State Evaluation Team
Email: jessie.chenze@state.mn.us
Telephone: 218-332-5175 Fax: 1-866-890-9290

HHH

Minnesota Department of Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 31962	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____		(X3) DATE SURVEY COMPLETED 08/02/2023
NAME OF PROVIDER OR SUPPLIER MEADOW RIDGE SENIOR LIVING		STREET ADDRESS, CITY, STATE, ZIP CODE 7475 COUNTRY CLUB DRIVE GOLDEN VALLEY, MN 55427			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETE DATE
01890	Continued From page 22 observed the second-floor medication cart and observed the following expired medication: - R16's Dextromethorphan Polistrex Extended Release give 5ml by mouth every 12 hours expired January 10, 2022. On August 2, 2023, at 11:58 a.m., the surveyor observed the second-floor LPN office that was filled with multiple containers which were located on the desk, the counter tops, the filing cabinets, and the table, as well as stacked up and lining three of four walls. Each container had several unidentified medications, along with multiple unlabeled pharmacy set up punch packs, and over the counter medication bottles. LPN-K stated, "Ideally, we try to get rid of meds within a week or so but right now our med safe is full, so a new one has been ordered. We went through and dc'd [discontinued] a bunch of meds like a month or two ago and we haven't been able to destroy meds since." The licensees Medication Disposal policy dated August 1, 2021, read "the facility shall dispose of any medications remaining with the facility that are discontinued or expired or upon the termination of the service contract or the resident's death according to state and federal regulations for disposition of medications and controlled substances." No further information was provided. TIME PERIOD FOR CORRECTION: Seven (7) days	01890			
02310 SS=I	144G.91 Subd. 4 (a) Appropriate care and services	02310			

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02310	Continued From page 23 (a) Residents have the right to care and assisted living services that are appropriate based on the resident's needs and according to an up-to-date service plan subject to accepted health care standards. This MN Requirement is not met as evidenced by: Based on observation, interview, and record review, the licensee failed to provide care and services according to acceptable health care, medical or nursing standards for two of four residents (R3, R5) who utilized consumer and hospital bed rails. This practice resulted in a level three violation (a violation that harmed a resident's health or safety, not including serious injury, impairment, or death, or a violation that has the potential to lead to serious injury, impairment, or death) and was issued at a widespread scope (when problems are pervasive or represent a systemic failure that has affected or has potential to affect a large portion or all of the residents). The findings include: R3 R3 had diagnoses to include Alzheimer's disease with late onset, type 2 diabetes mellitus with hyperglycemia, atrial flutter, hypertension, and chronic kidney disease stage 3. R3's signed Service Plan dated March 2, 2023, indicated R3 received bed rail safety checks, bathing, incontinence care, blood glucose monitoring, dressing, grooming, housekeeping, escorts, laundry, linen changes, wound monitoring, wound care, and medication administration.	02310	On August 2, 2023, the immediacy of correction order 2310 was removed, however, non-compliance remained at a level 3, widespread scope violation.		

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02310	Continued From page 24 On August 1, 2023, from 7:06 a.m., through 7:46 a.m., during service delivery observation, the surveyor observed R3's bed had one black U-shaped bed rail (consumer bed rail) at the top of the bed on the right side. The bed rail was loosely attached to the bed. R3 stated they used the bed rail for getting in and out of bed. Unlicensed personnel (ULP)-G stated R3 used the bed rail often. R3's record included a Side Rail Assessment Form dated March 24, 2023. RN-C provided surveyor with an addition Side Rail Assessment Form dated August 1, 2023, that was completed during the survey process. R3's record lacked: -Documentation the bed rail had been installed, used, and maintained per manufacturer's guidelines; - Risk vs. benefits discussion - The resident's preferences; - Physical inspection of bed rail and mattress for areas of entrapment, stability, and correct installation; and - Any necessary information related to interventions to mitigate safety risk or negotiated risk agreements". R5 R5 had a diagnosis of essential (primary) hypertension. R5's Service Plan signed on August 4, 2022, indicated that they received services for bed rail safety checks, linen changes, ambulation assistance, and toileting assistance. On August 1, 2023, at 8:05 a.m., the surveyor	02310			

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02310	Continued From page 25 observed R5's bed positioned with the right side of the bed pressed up against the wall. The bed had two black rectangular shaped hospital bed rails on both sides of bed. Each bed rail was found positioned on the middle to upper portion of the bed. The bed rail on the left side of the bed was firmly attached to the bed. The bed rail on the right side of the bed was loosely attached to the bed, and could be easily pushed and pulled away from the bed. R5 stated that they utilize bed rails daily and that nursing had recently assessed their bed rails and that they had signed paperwork regarding the use of bed rails. R5's record included an initial Side Rail Assessment Form dated August 12, 2021, which only included information pertaining to the bed rail on the left side of R5's bed. R5's Side Rail Assessment Form dated July 27, 2023, also only included information pertaining to the bed rail on the left side of R5's bed. The assessment lacked acknowledgement or detail about the bed rail on the right side of R5's bed. R5's risk agreement on was signed July 27, 2023. R5's record lacked: - Documented assessment of the right-side bed rail. - Physical inspection of bed rail and mattress for areas of entrapment, stability, and correct installation; and - Any necessary information related to interventions to mitigate safety risk or negotiated risk agreements". On August 1, 2023, at 9:53 a.m., registered nurse (RN)-C stated, "[R3] got a new bed rail just two or three months ago and I would have to look when	02310			

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02310	Continued From page 26 she got the new bed rail. March 24, 2023, is when she [R3] got the new bedrail, there is no assessment between March 24, 2023, and the one done today, I don't know why that one was not done. Bedrails are usually assessed every three months when I go around to do assessment." On August 1, 2023, at 9:55 a.m., RN- C stated for R5, the location listed on the assessment indicated what side of the bed rail had been assessed. When asked about the right side of the bed, RN-C stated that during their assessment, the right side of the bed rail was in the lowered position, pressed up against the wall and was not visible. RN-C stated that this bed rail had not been assessed. On August 1, 2023, at 10:04 a.m., surveyor asked how many residents with bed rails would not be up to date with bedrail assessments and RN-C stated, "probably most residents will not be up to date", surveyor asked why the bed rail assessments were not up to date and RN-C stated, "I really don't know why, I do not have an answer for that." On August 1, 2023, at 10:04 a.m., clinical nurse supervisor (CNS)-B stated, "In February of this year the department of health changed the regulations, so what we were doing prior was annually assessing the bed rails, so when that was changed we decide that we would do them every 90 days with the assessment, so we have been starting to do auditing for everybody with bedrails with their 90 day assessments and we are in the process of getting all bed rail assessments completed right now and we should have it completed by 11:00 a.m., today."	02310			

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02310	Continued From page 27 The licensee's policy titled Side rails, dated 6/27/2023 states, "When side rails are in use, an RN must conduct an initial assessment to identify the intended purpose of the side rail and the risks regarding the use of the side rail, and on every subsequent 90-day or change of need assessment. If the side rail is acting as a restraint, appropriate action should be taken. The Food and Drug Administration's (FDA), A Guide to Bed Safety, dated 2000, and revised April 2010, indicated following information: "When bed rails are used, perform an on-going assessment of the patient's physical and mental status, closely monitor high-risk patients. The FDA also identified; "Patients who have problems with memory, sleeping, incontinence, pain, uncontrolled body movement, or who get out of bed and walk unsafely without assistance, must be carefully assessed for the best ways to keep them from harm, such as falling. Assessment by the patient's health care team will help to determine how best to keep the patient safe." The Minnesota Department of Health (MDH) website, Assisted Living Resources & Frequently-Asked Questions (FAQs) indicated, "To ensure an individual is an appropriate candidate for a bed rail, the licensee must assess the individual's cognitive and physical status as they pertain to the bed rail to determine the intended purpose for the bed rail and whether that person is at high risk for entrapment or falls. This may include assessment of the individual's incontinence needs, pain, uncontrolled body movement or ability to transfer in and out of bed without assistance. The licensee must also consider whether the bed rail has the effect of being an improper restraint." Also included, "Documentation about a resident's bed rails	02310			

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02310	Continued From page 28 includes, but is not limited to: - Purpose and intention of the bed rail; - Condition and description (i.e., an area large enough for a resident to become entrapped) of the bed rail; - The resident's bed rail use/need assessment; - Risk vs. benefits discussion (individualized to each resident's risks); - The resident's preferences; - Installation and use according to manufacturer's guidelines; - Physical inspection of bed rail and mattress for areas of entrapment, stability, and correct installation; and - Any necessary information related to interventions to mitigate safety risk or negotiated risk agreements". Additionally, the MDH website indicated for hospital-style bed rails, the licensee must include in their documentation, the bed rail measurements and that the bed rail has not shifted and is securely attached to the bed frame per manufacturer recommendations. No further information provided. TIME PERIOD FOR CORRECTION: IMMEDIATE	02310			

Type: Full
Date: 07/31/23
Time: 12:00:00
Report: 8041231216
Meadow Ridge Senior Living

Food and Beverage Establishment Inspection Report

Page 2

6-300 Physical Facility Numbers and Capacities

6-301.12

**** Priority 2 ****

MN Rule 4626.1445 Provide and maintain a supply of individual disposable towels, a continuous towel system, a heated-air hand drying device, or an approved ambient air temperature hand drying device at each handwashing sink or group of adjacent handwashing sinks.

NO PAPER TOWELS AVAILABLE AT THE 1ST FLOOR MEMORY CARE KITCHEN HAND SINK.
DISPENSER WAS NOT WORKING.

Comply By: 07/31/23

2-400 Hygienic Practices

2-401.11A

MN Rule 4626.0105A Employees must not eat or use tobacco in food preparation or utensil washing areas.
OBSERVED EMPLOYEE FOOD ON THE FOOD PREP COUNTER IN THE MEMORY CARE KITCHENS.
CORRECTED ON SITE.

Comply By: 07/31/23

2-400 Hygienic Practices

2-401.11B

MN Rule 4626.0105B Food employees must use a closed beverage container within the food preparation or utensil washing areas.

EMPLOYEE BEVERAGES WITHOUT LIDS FOUND ON THE SHELF ABOVE THE WAREWASHING SINK AND ON THE COUNTER IN THE MEMORY CARE KITCHEN (1ST FLOOR). CORRECTED ON SITE.

Comply By: 07/31/23

4-300 Equipment Numbers and Capacities

4-303.11A

MN Rule 4626.0721A Provide cleaning agents to clean equipment and utensils during all hours of operation.

NO DETERGENT HOOKED UP TO THE 1ST FLOOR MEMORY KITCHEN DISH MACHINE.

Comply By: 07/31/23

4-500 Equipment Maintenance and Operation

4-501.11AB

MN Rule 4626.0735AB All equipment and components must be in good repair and maintained and adjusted in accordance with manufacturer's specifications.

MAIN KITCHEN- THE UPRIGHT COOLER AND THE REACH-IN COOLER ARE NOT HOLDING FOOD AT PROPER TEMPERATURE. NOTE: TCS FOODS NOT STORED IN UPRIGHT COOLER TODAY.
ADJUST/REPAIR OR REPLACE UNITS.

Comply By: 07/31/23

Surface and Equipment Sanitizers

Type: Full
Date: 07/31/23
Time: 12:00:00
Report: 8041231216
Meadow Ridge Senior Living

Food and Beverage Establishment Inspection Report

Page 3

Quaternary Ammonia: = 400 ppm at Degrees Fahrenheit
Location: 3 comp. sink
Violation Issued: No

Utensil Surface Temp.: = at 165 Degrees Fahrenheit
Location: dish machine
Violation Issued: No

Utensil Surface Temp.: = at 160 Degrees Fahrenheit
Location: 1st floor memory care dish machine
Violation Issued: No

Utensil Surface Temp.: = at 115 Degrees Fahrenheit
Location: 2nd floor meory care dish machine
Violation Issued: Yes

Quaternary Ammonia: = 400 ppm at Degrees Fahrenheit
Location: 2nd floor memory care dispenser
Violation Issued: No

Quaternary Ammonia: = 400 ppm at Degrees Fahrenheit
Location: 1st floor memory care dispenser
Violation Issued: No

Food and Equipment Temperatures

Process/Item: Cold Holding
Temperature: Degrees Fahrenheit - Location: upright kool-it cooler: ambient air temp.
Violation Issued: Yes

Process/Item: Hot Holding
Temperature: 189 Degrees Fahrenheit - Location: steam table: broccoli
Violation Issued: No

Process/Item: Hot Holding
Temperature: 172 Degrees Fahrenheit - Location: steam table: alfredo
Violation Issued: No

Process/Item: Hot Holding
Temperature: 174 Degrees Fahrenheit - Location: steam table: pasta
Violation Issued: No

Process/Item: Hot Holding
Temperature: 158 Degrees Fahrenheit - Location: soup well: tomato
Violation Issued: No

Process/Item: Hot Holding
Temperature: 167 Degrees Fahrenheit - Location: steam table: hot dog
Violation Issued: No

Process/Item: Cold Holding
Temperature: 50 Degrees Fahrenheit - Location: kitchen reach-in cooler: cottage cheese
Violation Issued: Yes

Type: Full
Date: 07/31/23
Time: 12:00:00
Report: 8041231216
Meadow Ridge Senior Living

Food and Beverage Establishment Inspection Report

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NOTE: Plans and specifications must be submitted for review and approval prior to new construction, remodeling or alterations.

I acknowledge receipt of the Minnesota Department of Health inspection report number 8041231216 of 07/31/23.

Certified Food Protection Manager Ivorey

Certification Number: fm117204 Expires: 12/17/25

Inspection report reviewed with person in charge and emailed.

Signed: _____

Ivorey Eastey
Culinary Director

Signed: _____



Sarah Conboy
Public Health Sanitarian III
651-201-3984
sarah.conboy@state.mn.us